HUMBLING OURSELVES BEFORE GOD

By Bill Subritzky

How many times do you have a crisis in your life? I know that in my own life I have had many crises over the years and without the help of God I could not have survived.

Three years ago when I went for a heart test the specialist said that I must go on a certain medication because of atrial fibrillation in my heart.

I told him I did not wish to do so because I had previously tried it and it had caused major bleeding.

We argued for some time and then he said that he had a patient waiting for a treadmill test in the next room and that he would leave me to think about the matter.

At that point I remembered Psalm 91,

"He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.
I will say of the Lord, "He is my refuge and my fortress;
My God, in Him I will trust."
Surely He shall deliver you from the snare of the fowler
And from the perilous pestilence.
He shall cover you with His feathers.
And under His wings you shall take refuge." (Psalm 91:1-4).

As soon as he left the room **I lay flat on the floor on my face and cried out to God for His help.** I continued to do this for about 15 minutes.

He returned shortly afterwards and still continued to ask me to go on to the warfarin. Finally he gave up and said he would test me anyway.

After 20 minutes of tests, including a treadmill exercise test and other tests, there was a long pause as he looked at the printouts and dials on his equipment.

Finally he said, "Your heart has reset itself, you can go now. Come and see me in nine months."

When I returned some nine months later he said I was fine and more recently when I saw him he was still satisfied with my situation.

If you are facing a desperate situation then humble yourself before God.

"And whoever exalts himself shall be humbled, and he who humbles himself shall be exalted." (Matthew 23:12).