



## SPIRITUAL GROWTH

By Pat Subritzky

### (A) INTRODUCTION

**ENCOURAGEMENT** - into effective ministry

**Colossians 2:2:** "This is what I have asked of God for you: that you will be encouraged."

**Colossians 2:7:** "See that you go on growing in the Lord."

### FOUNDATIONS FOR SPIRITUAL GROWTH

Essential to have the right foundations. There are no short cuts - if you leave anything out, your foundation will be unstable. Steps are as follows:

- \* Salvation
- \* Baptism with the Holy Spirit
- \* Gifts of the Holy Spirit

The above are the gateway to ministering in the power of the Holy Spirit.

### WHERE TO BEGIN

How many in your group are already in ministry?

**Romans 12:6-8:** "Having then GIFTS according to the grace that is given to us, LET US USE THEM: if prophecy let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness."

Some of the areas in which we are intended to be gifted in, or use the gifts in:

- |               |  |
|---------------|--|
| Prophecy      | - Body of Christ   |
| Ministry      | - in every area we are called to                         |
| Teaching      | - the Word of God  |
| Exhortation   | - in evangelism  |
| Giving        | - poor & needy (eg World Vision) -time                   |
| Leading       | - leadership - diligence                                 |
| Showing mercy | - sick, prisoners, naked, thirsty, cheerfulness and love |

### SHOULD YOUR MINISTRY BEAR FRUIT (RESULTS)?

**Luke 13:7-9:** "Then he said to the keeper of his vineyard, 'Look, for three years I have come seeking fruit on this fig tree and find none. Cut it down; why does it use up the ground?' But he answered and said to him, 'Sir, let it alone this year also, until I dig around it and fertilise it. And if it bears fruit, well. But if not, after that you can cut it down.'"

**We do the preparation**

Dig the soil, cultivate, Read Bible, follow Jesus.

**The Holy Spirit empowers**

Fertiliser promotes growth.

**Expect results** - Not always immediate, bears fruit.

Jesus is speaking to us in this parable about our spiritual growth. Do we need another chance? How long?

### **BARRIERS TO MINISTRY**

- \* Fear of man
- \* Involvement in the occult
- \* Unforgiveness
- \* Lack of repentance
- \* Lack of faith
- \* Lack of prayer
- \* Poor relationships

Before ministering to others, take steps to remove barriers.

### **RELEASED**

Your measure of release is governed by your openness to the Holy Spirit - more of Him, less of you.

**John 3:30:** "He must increase, but I must decrease"

### **FIND YOUR PLACE**

It is very important to find your place in the Body of Christ.

**Romans 12:4-5:** "For as we have many members in one body, but all the members do not have the same function, so we, being many, are one body in Christ, and individually members of one another."

### **A WORD OF ENCOURAGEMENT: GO FORTH AND EXPECT RESULTS**

## **(B) STEPS AND STAGES**

Step - take

Stage - reach

What are your needs?

Are you prepared to do something about them.

Your greatest need is to know Jesus Christ as your personal Saviour.

### **STEP ONE: PERSONAL SAVIOUR**

Expect Him to: \* Lead \* Guide \* Strengthen

Born again experience

**John 3:7:** "You must be born again."

**Romans 10:9-10:** "that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes to righteousness, and with the mouth confession is made to salvation."

You need to have an assurance of your salvation

### **STEP TWO: BAPTISM WITH THE HOLY SPIRIT**

Empowering for today's world - being fully equipped. Make progress. Know your calling. Seek and receive the baptism with the Holy Spirit.

**Acts 1:4-8:** "And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the promise of the Father ..... 'But you shall **receive power** when the Holy Spirit has come upon you; and you shall be **witnesses** to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.'"

**Acts 2:4:** "And they were **all** filled with the Holy Spirit and began to speak with other tongues, as the spirit gave utterance."

Without steps one and two you cannot be effective. **We are all called into the harvest field.**

### STEP THREE: KNOW JESUS

Know your topic thoroughly

Know Jesus - then make Him known

How? Read the Bible regularly

Learn what it: \* Says \* Teaches \* Directs

How it: \* Guides \* Speaks to us \* Take in \* Give out

Seek to be equipped and ready

Remember the Boy Scouts Motto - BE PREPARED

(Some stop here and do not grow!)

### STEP FOUR: COMMITMENT

**Psalm 35:5:** "Commit your way to the Lord, trust also in Him and He shall bring it to pass."

**My commitment is to GO and DO. Never say "NO".**

**Psalm 86:11** (Living Bible): "Tell me where you want me to GO and I will go there."

**James 2:22** (Living Bible): "You see, he was trusting God so much that he was willing to DO whatever God told him to do."

A word given to me by the Lord: "It helps to grow when you never say "NO" to Jesus. Not to church, project or ministry.....but to Jesus. If you say "NO" you deny the Lord the opportunity to use you as a vessel - to do whatever He desires to do through you. He took me as I was. (David from sheepfold to King.) He can take you as you are now and turn you into a princess for Him. Eight words: "Greetings. It's good to be here. Bless you." Depend on Jesus - call in Him.

**Jeremiah 33:3:** "Call to Me and I will answer you, and show you great and mighty things, which you do not know."

**Challenge:** Are you ready?? Not special - just touched by Jesus.

### STEP FIVE: HINDRANCES

- Reluctance - Happy where I am
- Fear - Can't do that
- Home - Unsaved husband
- Self Image - Compare themselves
- Selfishness - Too many other things
- Procrastination - Put off - Bible reading, ministry etc.

### DO SOMETHING

- Step one - Salvation
- Step two - Baptism with Holy Spirit
- Step three - Know Jesus
- Step four - Commitment
- Step five - Hindrances
- Step six - DO SOMETHING



## **MINISTERING FOR SALVATION, HOLY SPIRIT, BAPTISM AND GIFTS**

### **LEADING A PERSON TO SALVATION**

Know Jesus as Saviour.  
God's love and compassion.  
Heart attitude.  
Love NOT judgement.  
Trust when sins confessed.  
Listen to Holy Spirit leading; share Scripture or testimony of your life.  
Read and believe Bible.  
Overcome fear.  
Pure vessels.  
Example to others - fruit of Spirit.  
Relationships: God - family - others.  
Occult - jealous God.  
Prayer and fasting.  
Baptism with Holy Spirit - Spirit leads.

### **Salvation Gift of God**

Ephesians 2:8-9  
Confess Lord Jesus and believe - heart  
(Romans 10:9-10).

### **Sinners Prayer**

**Repeat** after leader:  
- Confession of SIN.  
- Repentance from SIN.  
- Renouncing all SIN.  
- Ask Jesus into heart.  
- Confess: Jesus died for you - rose - personal Saviour.  
- Thank You Jesus.  
For practice - break into groups of two.

### **PRAYING FOR THE BAPTISM WITH THE HOLY SPIRIT**

#### **Purpose:**

Witness for Jesus Christ with power (Acts 1:8).  
Preach Gospel.  
Heal sick and cast out demons.

#### **Outworkings:**

Gifts and fruit of the Spirit.  
Word of God.  
Reflect life of Jesus through you.

#### **Experience for all - born again:**

Know Jesus Christ as personal Saviour.  
Gift from God.  
Believe - cannot buy.

### **Scriptural basis:**

- Acts 2:4 - All filled.
- Acts 4:31 - Filled, spoke Word with boldness.
- Acts 8:18 - They received - laid their hands.
- Acts 9:17 - Paul - filled with the Holy Spirit.
- Acts 10:46 - The Holy Spirit fell.
- Acts 13:52 - Filled with joy and the Holy Spirit.
- Acts 19:6 - Holy Spirit came on them.

### **Requirements for receiving:**

- Believe - Jesus will do it.
- Faith - Experience not feeling.
- Expect - To receive heavenly language.
- Confess - Any occult involvement.
- Seek - Laying on hands (not always).
- Acknowledge - Jesus Christ as baptiser.

**Repeat all above** after leader.

### **Blockages:**

- Unconfessed sin.
- Lack of true repentance.
- Unforgiveness
- Involvement in witchcraft or occult, self or parents or ancestors, in Freemasonry or Druids lodges.
- Wrong attitude to others, eg failure to honour parents
- Unbelief and doubt - if He wants to fill He will.
- Fear
- Blockage of mind.
- Wrong doctrine, eg not for today.
- Secular humanism - dependence on self not God - man centred not God centred.

### **Practical suggestions:**

- Tongues - Spirit prays
- Hand on head - make sounds - childlike.
- Do something - God will not force.
- Uncontrolled tongue - Satanic - stop and start again.
- All filled - not some but all (Acts 2:4).
- Not immediately - home, business, driving car, supermarket, bridge.
- Mind try to analyse - Satan discredit.

### **How to pray** (Repeat after leader)

- I confess sin. I ask God's forgiveness.
- I renounce occult - also in parents or ancestors, Freemasonry.
- I acknowledge Jesus Christ as Saviour.
- Both the person **receiving** and the person **ministering** must plead the blood of Jesus Christ to cover them before praying
- Encourage person to speak out.

### **After teaching ask for those who need:**

1. **Baptism** to come out.
2. Those **not fluent** in tongues.
3. Those who have **never prayed** for **someone** to be baptised in the Holy Spirit before to minister.

### **Prayer by person receiving** (Guideline only)

“Dear Heavenly Father, in the name of Jesus Christ, I renounce all of my sins (name these sins) and especially renounce all my involvement in the occult or witchcraft on my own part or on the part of my parents or ancestors. I renounce all fear and unbelief and any blockage of mind. I ask You Lord Jesus to baptise me with Your Holy Spirit.”

### **Prayer by person ministering:**

“I ask You, Lord Jesus, to baptise (name) with Your Holy Spirit from the top of her head to the soles of her feet. Thank You Jesus. Break into groups for practice.

## **MOVING IN THE GIFTS OF THE HOLY SPIRIT**

1. Must be filled with Holy Spirit and speak in tongues.
2. Gifts of Spirit - ministry - **given by GOD**.  
Fruit of Spirit - belongs to Holy Spirit.  
(Galatians 5:22-23:)  
Love, joy, peace, long-suffering, kindness, goodness, faithfulness, gentleness, self-control.
3. Place - Body of Christ - part of - build up Body.
4. In love - word of knowledge and wisdom.
5. No occult involvements.
6. Test - leadings by Bible and **Body of Christ**  
(1 Corinthians 12:8-10)  
Group 1: Prophecy - believer  
Public tongue - unbeliever  
Interpretation  
Group 2: Wisdom - **How** to deal  
Knowledge - **About** situation  
Discerning of Spirits - reveal spiritual forces. (The above come by impression, thought, audible voice or vision.  
Group 3: Faith - implanted - read Word - trust - small things.  
Healings - total belief - lay hands on sick  
(Mark 16:18).  
Miracles - instant healing - nobleman’s son (John 4:47&54).

### **1. Gift of Prophecy**

This is normally an **impression**, a **thought** or an **audible voice** of the Holy Spirit speaking to a person who then speaks out what the Holy Spirit is saying to that believer. The words are for **edification, exhortation** and **comfort**. It is important to make a start if it is the first time that you have exercised the gift of prophecy, even with a few words from Scripture or whatever you believe the Holy Spirit is saying to you through an impression, thought, audible voice or vision. As we act in faith, God will begin to “quicken” further words to our mind that we can then speak out. We are told in **1 Corinthians 14:31**: “For you can all prophesy one by one, that all may learn and all may be encouraged.” It is good to encourage as many as possible to receive this gift as it encourages people tremendously in their personal faith and the group that is receiving the word from God.

### **2. Gift of a Public Tongue**

We should wait for the anointing or presence of God and then we should boldly speak out in our tongue when we sense the anointing, believing that God will bless it. As we make a start and believe that the Holy Spirit is

directing us, we will find that indeed God has called us to speak out. But we must make a start. God will not take us over and control our tongue.

### **3. Interpretation of Tongues**

It is a gift of the Holy Spirit whereby an interpretation (not a translation) of a tongue message is given. There should be a maximum of three tongues messages in a meeting, together with the interpretation. Again, we need to sense the anointing and then make a start in faith and God will give us the words for the interpretation thereafter.

### **4. Word of Wisdom**

The word of wisdom is an impression on our mind or the direct audible voice of the Holy Spirit or a thought about how to deal with a situation. For example King Solomon in 1 Kings 3:16-28 and secondly John 8:7 (the woman caught in adultery).

### **5. Word of Knowledge**

This is also an impression, a thought or an audible voice of the Holy Spirit about a situation, for example the woman at the well in John 4:18 and Peter in dealing with Ananias, Sapphira's husband in Acts 5:1-10.

### **6. Discerning of Spirits**

This is a thought or audible voice from the Holy Spirit, planted by God, which reveals the spiritual forces that can be affecting a person or even ourselves. These forces are revealed in order that they can be dealt with through prayer.

### **7. Gift of Faith**

The gift of faith comes about as shown in **Romans 10:17**: "So then faith comes by hearing, and hearing by the Word of God." As we implicitly believe the Word of God, **read it, trust it absolutely**, then God is able to implant this gift in our hearts. As we believe God in small things, He can then extend our faith into large things.

### **8. Gifts of Healings**

"They will take up serpents; and if they drink anything deadly it will by no means hurt them; they will lay hands on the sick and they will recover." (Mark 16:18)

We must act in **love** when we pray for healing. We must centre our thoughts **totally** on Jesus Christ at the right hand of God. We must allow no **unbelief** as this affects the faith in which we are praying for the person to be healed. A person must be counselled in the area of **repentance from sin** beforehand and if they have been **involved in sin**, not to return to that sin. Without this repentance, the Holy Spirit is quenched and healing will be blocked.

### **9. Miracles**

We would believe that miracles are, for example, instantaneous healings as opposed to healing which is effected over a longer period. John 4:47-54 - healing of the nobleman's son. When we know the anointing of the Holy Spirit and sense the power of God flowing through a person, we can sense that an instantaneous healing can be effected.

**NOTE: THE ANOINTING OF GOD is a way of knowing that you are moving in the power of the Holy Spirit when exercising the gifts.** "But the anointing which you have received from Him abides in you and you do not need that anyone teach you."



# DELIVERANCE FROM DEMONS AND CURSES

## (A) DEMONS

### 1. CASTING OUT OF DEMONS

Jesus always commissioned His disciples to both **preach the Gospel** and cast out demons.

Matthew 10:1-8      Mark 3:14-15      Mark 6:12-13  
Mark 16:15-18      Luke 10:17

### 2. THE AREAS IN WHICH THEY AFFECT US

- (a) Our emotions, attitudes, relationships, eg they cause resentment, hatred, fear or rebellion.
- (b) The thoughts of the mind, eg doubt, unbelief, indecision, procrastination.
- (c) In the tongue, eg lying, cursing, gossip.
- (d) In the sexual area, eg perversion, homosexuality and masturbation.
- (e) In addiction - alcohol, nicotine, gluttony, anorexia.
- (f) Psychological areas, eg if we have recurrent evil and disruptive emotional attitudes which dominate us against our will, eg resentment, hatred, fear, envy, jealousy, pride.
- (g) We have moods which are unreasonable and extreme, eg we can become very talkative or we can change to taciturn depression.
- (h) Physical - there can be unnatural restlessness and talkativeness.

### 3. HOW DEMONS ENTER

Through sin in ourselves or ancestors (familiar spirits).

Through our mind - our thought life - fantasy.

Touching dead bodies.

Shock, grief.

Accidents.

Marriage breakdowns.

Habits, eg masturbation, smoking.

Transference.

Entry of witchcraft through feet and womb.

### 4. TO BE DELIVERED WE MUST:

Humble ourselves.

Be completely honest.

Confess our sins.

Repent.

Forgive.

Call on the name of the Lord

### 5. WHY PEOPLE ARE NOT DELIVERED

They do not repent.

They fail to repent of their sins, especially adultery and abortion. (James 5:6)

They fail to forgive. (Mark 11:25-26)

They fail to break with the occult. (Acts 19:13-19)

Person has not accepted their position in Christ and been made whole in their own personality. They need to submit to God and resist the devil. (James 4:7)

## 6. METHODS OF DELIVERANCE

- (a) We can use our prayer language.
- (b) Use the Word of God.
- (c) Anoint with oil.
- (d) Praise God.
- (e) Use authority of the Word of God to command the spirit to leave.
- (f) Know the anointing of the Holy Spirit.
- (g) Listen to what the Holy Spirit is telling us as to how we should pray.
- (h) We should minister self-acceptance to a person. (Ephesians 1:6)
- (i) Sometimes fasting is required.
- (j) It is good to breathe in the Holy Spirit and breathe out the spirit of affliction.
- (k) There must be a renouncing of sin and unbelief
- (l) We can call on the name of Jesus.
- (m) We can agree and bind and loose the spirits.  
(Matthew 18:18-19)
- (n) We should plead the blood of Jesus.
- (o) Person must assert their will and resist the devil.

## 7. MANIFESTATIONS

Hissing, spitting, wriggling, sighing, coughing, shouting, lying down as though dead (spirit of coma, hypnosis), mucus, animal noises, yawning - sometimes there are no manifestations.

## (B) CURSES

People can be and are at times affected by curses. These curses, when recognised, are able to be broken and the person set free.

### Proverbs 26:2

“Like a flitting sparrow, like a flying swallow, **so a curse without cause shall not alight.**”

### Deuteronomy 28

#### 1. THE SEVEN CURSES REFERRED TO ARE:

- (1) Humiliation
- (2) Barrenness
- (3) Sickness of every kind
- (4) Poverty, failure
- (5) Defeat
- (6) We will be the tail and not the head
- (7) We will be below and not above

#### 2. EFFECTS OF CURSES

- (1) Mental and emotional breakdown.
- (2) Repeated sickness, especially hereditary – doctors cannot find the cause.
- (3) Barrenness, miscarriage, menstruation problems.
- (4) Marriage breakdown – family rifts.
- (5) Poverty – lingering – could be a curse if lengthy.
- (6) Accident prone.
- (7) History of unnatural deaths.

### 3. REASONS FOR DEATHS

- (1) Trusting in man and not in God – **Exodus 20:3-4, Deuteronomy 27:15, Jeremiah 17:5.**
- (2) Thieving – **Zechariah 5:1-4.**
- (3) Withholding what is due to God – **Malachi 3:9**
- (4) Dishonouring parents – **Deuteronomy 27:16.**
- (5) Ill-treating a neighbour – **Deuteronomy 27:17**
- (6) Wrong treatment of weak – **Deuteronomy 27:18-19**
- (7) Sexual relationships outside marriage – incest – **Deuteronomy 27:20-23**
- (8) Teaching wrong Gospel – **Galatians 1:8-9**

### 4. SELF-IMPOSED CURSES

These become like INNER VOWS

#### Examples:

“I’ll never be any good.”

“I’ll never forgive myself.”

“God doesn’t love me.”

“I’ll never speak to.....again.”

“I hate myself.”

“No one loves me.”

“I want to die, I’m better off dead.”

“I’ll never make it to 70 – I live too hard and fast.” – (God wants)

#### Examples from Scripture

- (1) **Genesis 27:13** Rebekah said, “Let your curse be on me.” And in verse 46 she said, “I am weary of my life because of the daughters of Heth;...what good will my life be to me?”  
She brought a curse on herself.
- (2) **Matthew 27:24-25** The Jews said, “Let His blood be on us and our children.”
- (3) Peter denied the Lord three times.

### 5. CURSES ON OTHERS – PRONOUNCEMENTS

Persons with relational authority, eg husband over wife, parents over children. Words spoken have supernatural powers. The blessing of the father is important.

- (1) **Genesis 31** – Jacob and Rachel

- (2) Examples where a husband curses his wife or parents curse their children, eg a husband says to his wife, “You cannot cook”, or the following statements are made in respect of other people including children:

“You are no good.”

“You are useless.”

“You are a failure.”

“You will never be any good.”

“You are hopeless.”

“You will never achieve anything.”

“You are ugly.”

“You are a bad person.”

“You are always a liar.”

“It’s in the family and you are sure to get it.”

”Etc etc...”

## 6. SOUL TIES – This is a bonding in the flesh

These are soul ties which are contrary to God's purposes. Eg in adultery, fornication (especially past sexual relationships). Ungodly soul ties can bring spiritual sickness.

**1 Corinthians 6:18** "Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body."

### Examples of wrongful sex are as follows:

Pre-marital sex    Perverted sex  
Trial marriages    Homosexuality  
Lesbianism        Pornography & fantasy  
Bestiality                      Transvestism  
Sexual abuse

### Consequences

- (1) Establishment of soul ties and bondings in the flesh other than with God's intended partner.
- (2) Guilt and condemnation.
- (3) Demonisation.
- (4) Emotional disturbance.

### To be released:

- (1) We must recognise that there is a curse.
- (2) We must repent from all sin.
- (3) We must renounce in the name of Jesus Christ.
- (4) We must resist, eg **James 4:7**: "Therefore submit to God. Resist the devil and he will flee from you."
- (5) Use the Word of God. The Word of God is powerful and such Scriptures as the following can be used:  
**Psalms 118:17**: "I shall not die, but live, and declare the works of the Lord."

We must realise that where there is a negative there should also be a positive. We recall that Peter denied the Lord three times but three times Jesus asked him, "Do you love Me?"

Peter had to revoke his earlier statement three times.

Where curses have arisen from the servants of Satan, we must recognise **Luke 10:19**: "Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you."

### The person should:

- (1) Have faith in Jesus Christ.
- (2) Obey God's voice.
- (3) Confess sin on their part and on ancestors.
- (4) Forgive others.
- (5) Renounce occult – oneself or ancestors.
- (6) Renounce all contact with occultic objects.

## **PRAY FOR RELEASE IN THE NAME OF JESUS**

### **FINAL PRAYERS**

#### **Prayer for Sexual sin:**

“Dear Heavenly Father, as I come to You in the name of Jesus Christ, I confess that in my own strength I have been unable to defeat the attacks of the enemy. I confess the following sexual sins.... I confess I have been wrong. I renounce all pleasure connected with these sins. I now turn from my sin. I ask You, Father, to forgive me all that is past and to give me discernment if the temptation arises and the strength to resist it. I thank you that through the blood of Jesus Christ I have been cleansed. I ask You to heal my memories and heal the hurts and forgive me, in Jesus’ name.”

#### **Prayer for deliverance from soul ties:**

“Dear Heavenly Father, I come to You in the name of Jesus Christ in the authority that is in that name, I break every soul tie affecting my body, soul or spirit, which has existed between myself and..... (name the individual). In the name of Jesus Christ, I speak to every demonic power that has taken advantage of that link and I tell it that it has no rights here and it must leave now without going into any other member of my family. Thank you Lord Jesus that through Your shed blood and through Your wonderful name, I am able to be absolutely set free. Thank you Lord.”

#### **Prayer against inner vows:**

“In the name of Jesus Christ, I renounce all vows which I have made, knowing or unknowingly, against myself. I renounce.....(name those vows which you have made and which you know to be wrong). I ask you to totally cleanse me and set free from the results of those vows and I thank you for doing it.”

#### **Prayer against pronouncement and curses:**

“Heavenly Father, I come to You in the name of the Lord Jesus Christ and in the authority of that name, I renounce all curses that have been placed upon my life through the words of those who have abused and damaged me. I forgive them and I ask You Lord to release me from their consequences. Thank You Father, in Jesus’ name.”

#### **Final prayer of surrender:**

“Dear Heavenly Father, I come to You in the name of Jesus Christ. I thank You Lord for Your love for me. I confess that Jesus Christ is my Lord and Saviour and that He died and rose again from the dead.

I believe that through the blood of Jesus Christ I have been redeemed from the hand of the devil. I believe that through the blood of Jesus Christ all my sins have been forgiven. I believe that through the blood of Jesus Christ I have been sanctified, made holy to God. I believe that through the blood of Jesus Christ I have been justified just as if I had never sinned.

I renounce the sins of rejection, unforgiveness.

I forgive the following persons.....

I honour my parents and I forgive them. I renounce my own sins and the sins of my ancestors in the name of Jesus Christ. I renounce all idolatry, witchcraft, everything of the occult, and all the hidden things of darkness. I call upon You, Lord Jesus, to set me free from every demonic power that has affected me.

Lord, I now renounce Satan and all his works. I hate his demons. I count them my enemies in the name of Jesus. I loose myself from any spirit in me that is not the Spirit of God. I command all such spirits to leave me now in the name of Jesus.

I declare that I am a child of the Living God and that Satan has no right to inhabit any part of me or to oppress me. I thank You Lord Jesus and I give You the glory. Amen.”

Breathe in the Holy Spirit – breathe out spirits.

Cough them out.

Counsellors assist.

**REMEMBER.....**

**To be delivered**

- (1) Confess the spirit in the name of Jesus.
- (2) Renounce the spirit in the name of Jesus.
- (3) Forgive others.
- (4) Call on the name of the Lord Jesus.

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