



KEYS TO HEALING & DELIVERANCE

By **Bill Subritzky**

Proverbs 3:5-8

Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths. Do not be wise in your own eyes; Fear the LORD and depart from evil. It will be health to your flesh, And strength to your bones.

1. We should be born again:

John 3:3

Jesus answered and said to him, "Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God."

This means that we must surrender our lives absolutely to Jesus Christ turning from darkness to light from the power of Satan to the power of God.

2. We should repent from all sin:

This means that we must absolutely renounce all sin turning completely away from it. Sin is defined as follows:

Fornication (having sex outside of marriage)

Idolatry (placing other things before God, e.g. having other gods or idolising persons and/or things ahead of God)

Adultery

Homosexuality

Sodomy

Thieving

Covetousness (lustful desire for the property of others and greedy for gain)

Reviling (cursing)

Extortion

Uncleanness e.g. bad language

Lewdness e.g. pornography, bestiality

Envy

Hatred

Contentions (causing fights)
Jealousies
Outbursts of wrath
Foolish talking
Coarse jesting, i.e. dirty jokes
Selfish ambitions
Dissension (causing discord among the brethren)
Drunkenness
Revelries e.g. wild parties
Cowardly (i.e. not following Jesus Christ)
Murder e.g. unnecessary abortion
Lying
The unbelieving
The abominable
Heresies (e.g. Mormons and Jehovah's Witnesses)
Sorcery (see list below)
Sorcery includes the following:
Fortune telling - Horoscopes
Heavy metal rock (suicides) - Ouija Boards
Drugs - Charms
New Age - Worship of the Creation, Spiritism - séances
Witchcraft - Freemasonry
Martial Arts: Kung Fu, Aikido, Tae Kwon Do, Karate, Tai Chi,
Judo (rooted in Taoism and Buddhism)
Druids Lodge
Eastern religions: Yoga, TM, ESP, Hypnosis (Hinduism, goddess Shiva)
(See full list at end of pamphlet)

The following Scriptures confirm the above statements:

1 Corinthians 6:9-10

Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.

Galatians 5:19-21

Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.

Ephesians 5:3-4

But fornication and all uncleanness or covetousness, let it not even be named among you, as is fitting for saints; neither filthiness, nor foolish talking, nor coarse jesting, which are not fitting, but rather giving of thanks.

Revelation 21:8

But the cowardly, unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death."

3. We must be baptised in water:

John 3:5

Jesus answered, "Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God".

This means that we must be fully immersed in water, in the same way that Jesus himself was baptised.

4. We must seek the baptism with the Holy Spirit:

Acts 2:1

When the Day of Pentecost had fully come, they were all with one accord in one place.

Acts 2:4

And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.

5. We must attend a Church which worships Jesus Christ and believes the Bible:

Hebrews 10:25

"not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching".

6. We must read our Bible daily:

We should have a proper Bible reading plan so that we can go through the whole Bible on a regular basis.

7. We must love God and our neighbour:

Matthew 22:37-40

Jesus said to him, 'You shall love the Lord your God with all your heart, with all your soul, and with all your mind.' This is the first and great commandment. And the second is like it: 'You shall love your neighbour as yourself.' On these two commandments hang all the Law and the Prophets."

8. We must love one another as Jesus loved us:

John 13:34

A new commandment I give to you, that you love one another; as I have loved you, that you also love one another.

9. We must believe on the name of His Son, Jesus Christ:

1 John 3:23

And this is His commandment: that we should believe on the name of His Son Jesus Christ and love one another, as He gave us commandment.

10. We must forgive:

God has forgiven us through Jesus Christ on the Cross. He died a dreadful death so that we could be forgiven by God.

THEREFORE, we must forgive every other person no matter what they have done to us. We can do this with the help of the Holy Spirit.

Mark 11:25

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses".

God promises to deliver us to the demons if we do not forgive:

Matthew 18:34-35

And his master was angry, and delivered him to the torturers until he should pay all that was due to him. "So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."

When we forgive we must absolutely forgive. We must not say we have forgiven but not forgotten. If we do not forgive then we will bring judgement on ourselves and there will be no mercy for us.

If we don't forgive and yet take communion we drink judgement to ourselves and become weak and sick (1 Corinthians 11:29-30).

We have to let go of other people sins by obeying the following Scripture:

Matthew 5:44

But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.

With the help of the Holy Spirit we can forgive:

John 20:22-23

And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

The test of our forgiveness is that we are able to go to the people whom we have forgiven and ask them for their forgiveness towards us for our attitudes. We must absolutely forgive.

11. We must obey the Ten Commandments and in particular the FIRST, SECOND AND FIFTH Commandments:

Exodus 20:3-4

"You shall have no other gods before (besides) Me." "You shall not make for yourself a carved image—any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth;

The Bible says we must honour our mother and father:

Exodus 20:12

"Honour your father and your mother, that your days may be long upon the land which the LORD your God is giving you".

Disobeying these commandments makes our prayers an abomination:

Proverbs 28:9

One who turns away his ear from hearing the law, Even his prayer is an abomination.

Failure to keep these two particular Commandments brings upon us all the curses referred to in the Bible in Deuteronomy 28.

Deuteronomy 27:15-16

'Cursed is the one who makes a carved or molded image, an abomination to the Lord, the work of the hands of the craftsman, and sets it up in secret.' "And all the people shall answer and say, 'Amen!'" 'Cursed is the one who treats his father or his mother with contempt.' "And all the people shall say, 'Amen!'"

a) In Deuteronomy 28 the Bible lists 116 curses that God will bring upon us, if we disobey these two Commandments. The curses include sickness, fever, itches, madness, blindness, confusion of heart, divorce, separation of family, hunger, thirst, nakedness, serious and prolonged sicknesses and many other curses.

b) The Good News: At the Cross Jesus Christ became a curse so that we could be set free from all these curses of the law and come into the blessings of Abraham. In order to come into this blessing, we must renounce all other gods and honour and forgive our parents. If they are alive you should contact them and ask them to forgive you for any wrong attitudes and tell them that you forgive them. Now say a prayer such as the following:

Prayer: *“Dear Heavenly Father, I come to you in the mighty Name of Jesus Christ. I absolutely honour and forgive my parents in every way and I renounce their sins and the sins of my ancestors especially any past involvement in the occult or any other cursed thing. I now renounce this in Jesus Name and I believe that at the Cross you have set me free from all the curses of the Law. Thank You Father in Jesus Name, Amen”.*

12. We must believe that at the Cross Jesus Christ not only forgave our sins but He also healed our sicknesses on the Cross:

a) Isaiah 53:4-5

Surely He has borne our grief’s And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. (5) But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

1 Peter 2:24

Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness – by whose stripes you were healed. Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness – by whose stripes you were healed.

b) Even before the time of the Cross God healed the sick as Jehovah Rapha (the Lord our Healer) and ‘He is the same, yesterday, today and forever’.

13. We must renounce all pride:

Because we fail to repent from pride we are led into deception.

The four downward steps are pride, rebellion, deception and perversion.

Prayer: *“Dear Heavenly Father, in the name of Jesus Christ I renounce all pride”.*

14. We must renounce all involvement with abortion:

Failure to repent from any involvement with abortion is another major reason for demonic activities.

Prayer: *“In the name of Jesus Christ, I repent from any involvement with abortion”.*

15. We must have faith in God:

Mark 11:22, 24

So Jesus answered and said to them, “Have faith in God. (24)

Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

16. We must believe for the anointing of God:

1 John 2:20

“But you have an anointing from the Holy One, and you know all things”.

1 John 2:27

“But the anointing which you have received from Him abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things, and is true, and is not a lie, and just as it has taught you, you will abide in Him”.

17. We must resist the devil: You must resist the devil.

James 4:7

“Therefore submit to God. Resist the devil and he will flee from you”.

18. We must renounce all rebellion:

The Bible says rebellion is as the sin of witchcraft.

1 Samuel 15:22-23

So Samuel said: “Has the Lord as great delight in burnt offerings and sacrifices, As in obeying the voice of the Lord?

Behold, to obey is better than sacrifice, And to heed than the fat of rams. For rebellion is as the sin of witchcraft, And stubbornness is as iniquity and idolatry. Because you have rejected the word of the Lord, He also has rejected you from being king.”

If we have not fully surrendered every part of our lives to Jesus Christ, then we will find that there is rebellion in our heart. This allows the devil into every part of our lives.

19. We must renounce all self hatred:

Through his death on the Cross, Jesus Christ has shown His love and forgiveness for us, therefore we must receive that forgiveness and love into our hearts absolutely in order to be free.

Therefore, renounce all self hatred in Jesus Name.

Prayer: *“In the name of Jesus Christ I renounce all self hatred”.*

20. Wrong objects in our home:

We are to be careful about what we bring into our home particularly anything to do with the occult or pornography:

Deuteronomy 7:26

“Nor shall you bring an abomination into your house, lest you be doomed to destruction like it. You shall utterly detest it and utterly abhor it, for it is an accursed thing”.

In the New Testament we find that when people came to Jesus Christ they burned all their occult books:

Acts 19:19

“Also, many of those who had practiced magic brought their books together and burned them in the sight of all. And they counted up the value of them, and it totalled fifty thousand pieces of silver”.

21. We must renounce all freemasonry:

Past involvement by ourselves or our ancestors in Freemasonry will bring a curse upon us.

22. Music: Wrong music. Much of the heavy metal music, rock and roll music that is around today is Satanically inspired. We should not listen to such music but rather Christian music which encourages us in the Lord.

23. We must renounce curses:

e.g. Sometimes we can be told by other people or even our parents:

“You are no good”,

“You are useless”,

“You are a failure”,

“You will never be any good”,

“You are hopeless”,

“I always wanted boys and not girls”,

or “I wish you were a girl and not a boy”.

We need to renounce all of these in the Name of Jesus Christ.

Prayer: *“Heavenly Father, I come to You in the name of the Lord Jesus Christ and in the authority of that name I specifically renounce all curses that have been placed upon my life through the words of those who have abused and damaged me. I forgive them and I ask you Lord to release me from their consequences.*

Thank you Father in Jesus Name”.

24. Self imposed curses:

Which become like inner vows e.g.

"I'll never be any good",

"I'll never forgive myself",

"God doesn't love me",

"I'll never speak to ... again",

"I hate myself",

"No-one loves me",

"I want to die, I'm better off dead".

Prayer: *“In the name of Jesus Christ, I specifically renounce all vows which I have made, knowing or unknowingly, against myself.*

I specifically renounce (name those vows which you have made and which you know to be wrong). I ask you to totally cleanse me and set me free from the results of those vows and I thank you for doing it”.

25. We must renounce soul ties:

These are emotional relationships which are contrary to God's purposes e.g. as a result of adultery, fornication and wrongful sex there can be attachments to people with whom we have been involved in the past. We need to renounce these things in the Name of Jesus Christ.

Prayer: *"Dear Heavenly Father, in the name of Jesus Christ and in the authority that is in that name, I break every soul tie affecting my body, soul or spirit which has existed between myself and (name the individual). In the name of Jesus Christ, I specifically speak to every demonic power that has taken advantage of that link and I tell it that it has no rights here and it must leave now without going into any other member of my family. Thank you Lord Jesus that through Your shared blood and through Your wonderful name. I am able to be absolutely free".*

26. We must renounce all involvement in the occult:

All forms of the occult must be renounced. This includes fortunetelling, horoscopes, rock music, drugs.

(See Occult Check List in appendix.)

Exodus 20:3

"You shall have no other gods before Me."

Prayer: *"Dear Heavenly Father, in Jesus Christ's name I renounce every form of the occult and specifically I renounce my past involvement in (name such involvement)."*

27. We must renounce all guilt:

Sickness is often the result of guilt caused by past sin. When we come in true repentance at the Cross of Jesus Christ, we are forgiven.

God Forgives us:

1 John 1:9

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

Prayer: *"Dear Heavenly Father, as I now confess my sins, I receive the forgiveness you gave me through Jesus Christ at the Cross. I renounce all guilt. Thank You Heavenly Father for forgiving me in the name of Your Son Jesus Christ".*

28. We must renounce all rejection:

Often, because of childhood rejection or rejection by others, we are not open to accept God's love. If we will forgive others and forgive ourselves (because God has forgiven us), then His love and healing power can flow through us:

Ephesians 1:6

"to the praise of the glory of His grace, by which He has made us accepted in the Beloved."

Romans 5:5

"Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us." Remember, God loves us, He has forgiven us and we receive that forgiveness as we turn to Him and confess our sins and allow His love to flow through us. Open up to God and allow His healing love to flow through you.

Prayer: *"Heavenly Father, I confess lack of self-acceptance. I confess in Jesus' name, rejection by others and I renounce the spirit of rejection in the name of Jesus Christ. I receive Your love. Holy Spirit, pour out Your healing love in my heart now. Thank You Jesus"*.

29. We must renounce unconfessed sin and hidden anger:

Ephesians 4:31-32

Let all bitterness, wrath, anger, clamour, and evil speaking be put away from you, with all malice. And be kind to one another, tender-hearted, forgiving one another, even as God in Christ forgave you.

Prayer: *"Heavenly Father, I confess all bitterness, wrath, anger and clamour and evil speaking together with malice. I thank you Lord that as I confess this sin from my heart that I am forgiven because your Word promises this. Thank You Heavenly Father for forgiveness in the Name of Jesus Christ, Amen"*.

30. We must renounce all grief:

Grief can be an entry point of sickness and death. I have known of widows who have died a year or two after their husband's death as they have never recovered from grief. (Psalm 31:9-14) Answer: Isaiah 53:4: "Jesus has carried our griefs."

Prayer: *"Dear Heavenly Father, in the name of Jesus Christ I confess my grief. I thank You Lord Jesus that You carried it on the cross for me and I now renounce in the name of Jesus every spirit of grief affecting me. Thank You Father for Your health and strength, in Jesus' name. Amen"*

31. Sickness caused by demonic activity:

Sometimes such things as pain, crippling diseases, deformities and a desire to die, are the result of demonic powers and attacks by satan. Jesus constantly healed the sick and cast out demons.

Deliverance Prayer: *“Dear Heavenly Father, as I come to You in the name of Jesus Christ, I confess Jesus Christ is my Lord and my Saviour. I confess that He shed His blood for me and I plead now the protection of that precious blood over my whole life. In the name of Jesus Christ I command every spirit of sickness to flee from me. I rebuke it in the name of Jesus Christ and thank You Lord Jesus for Your healing. Amen”.*

If you have been involved in anything on the list at the end of this pamphlet, you should repent before God. When we have conceded certain territory in our lives to the enemy such as anger, hatred, bitterness, sexual immorality, involvement in the Occult etc, it is good to ask God to help you reclaim that land from the territory of the enemy.

Prayer: *“Dear Heavenly Father, I come to You in the name of Your Risen Son Jesus Christ. As I repent from all of my sins, Father, and especially of unforgiveness, I ask Lord for Your healing touch upon my body, soul and spirit. I pray, Father, that Your anointing shall now fall upon me and touch me, driving out every spirit of sickness and healing my body, soul and spirit. I thank You Lord for touching me now by Your Spirit. Thank You Father for Your mighty touch in Jesus' Name”.*

Final Prayer: *“Lord Jesus, I now renounce Satan and all his works. I hate his demons. I count them my enemies in the name of Jesus. I loosen myself from every dark spirit, from every evil influence, from every satanic bondage, from every spirit in me that is not the Spirit of God. I declare I am a child of the Living God and that Satan has no right to inhabit any part of me or to oppress me. I command all such spirits to leave me now in the name of Jesus”.*

32. Occult check list

Possible demonic entry points:

- Abstract art (under hallucinogenic stimulus)
- Acupuncture
- Amulets (tiger's claw, shark's tooth, horseshoe over door, mascots, talisman (magic picture)
- Ankh (a cross with a ring top used in satanic rites)
- Apparitions - occultic
- Astral travel
- Astrology
- Augury (interpreting omens)
- Automatic writing
- Birth signs

- Black arts
- Black magic (involving hidden powers for bad ends)
- Black mass
- Blood subscriptions (pacts)
- Cartomancy (using playing cards)
- Chain letters
- Charming or enchanting (attempts to use spirit power)
- Charms and charming for wart removal
- Chinese astrology
- Clairaudience (ability to hear voices and sounds super-normally - spirit voices alleging to be those of dead people giving advice or warnings)
- Clairsentience (supernormal sense perception)
- Clairvoyance (ability to see objects or events spontaneously or supernormally above their normal range of vision – second sight)
- Colour therapy
- Concept therapy
- Conjuraction (summoning up a spirit by incantation)
- Coven (a community of witches)
- Crystal ball gazing
- Crystals
- Death magic (where the name of the sickness plus a written spell is cast into coffin or grave)
- Demon worship
- Disembodied spirits
- Divining rod or twig or pendulum (Hosea 4:12)
- Dowsing or witching for water, minerals, under-ground cables, finding out the sex of unborn child using divining rod, pendulum, twig or planchette
- Dream interpretation (as with Edgar Cayce books)
- Dungeons and dragons
- Eastern meditation/religious - Gurus, Mantras, Yoga, Temples etc
- Ectoplasm (unknown substance from body of a medium)
- Enchanting
- E.S.P. (extra sensory perception)
- Findhorn Community
- Floating trumpets
- Fortune telling
- Gothic rock music
- Gurus
- Gypsy curses
- Hallucinogenic drugs (cocaine, heroin, marijuana, sniffing glue etc)
- Handwriting analysis (for fortune telling)
- Hard rock music - Kiss, Led Zeppelin, Rolling Stones
- Heavy metal music - AC/DC, Guns and Roses (all heavy rock)
- Hepatoscopy (examination of liver for interpretation)

- Hex signs (hexagrams)
- Horoscopes
- Hydromancy (divination by viewing images in water)
- Hypnosis
- Idols
- Incantations
- Iridology (eye diagnosis)
- Japanese flower arranging (sun worship)
- Jonathan Livingston Seagull (Reincarnation, Hinduism)
- Kabbala (Occult Lore)
- Karma
- Levitation
- Lucky charms or signs of the Zodiac or birthstones
- Magic (not sleight of hand but use of supernatural power)
- Mantras
- Martial arts (Aikido, Judo, Karate, Kung fu, Tae Kwan Do etc)
- Matthew Manning
- Mediums
- Mental suggestion
- Mental telepathy
- Mental therapy
- Mesmerism
- Metaphysics (study of spirit world)
- Mind control
- Mind Dynamics
- Mind mediumship
- Mind reading
- Moon-mancy
- Motorskopua (mechanical pendulum for diagnosing illness)
- Mysticism
- Necromancy (conjuring up spirits of the dead)
- Numerical symbolism
- Numerology
- Occultic games
- Occult letters of protection
- Occult literature, eg The Greater World, The 6th & 7th Book of Moses, The Other Side, The Book of Venus, Pseudo-Christian works of Jacob Lorber, works by Edgar Cayce, Alistair Crowley, Jean Dixon, Levi Dowling, Arthur Ford (The Overt Worship of Spirit Beings), Johann Greber, Andrew Jackson Davis, Anton Le Vay, Ruth Montgomery, John Newborough, Eric Von Daniken, Dennis Wheatley.
- * Such books should be burned, regardless of cost.
- Omens
- Ouija boards
- Pagan fetishes

- Pagan religious objects, artifacts and relics
- Pagan rites (Voodoo, Sing sings, Corroborees, Fire walking, Umbahda, Macumba)
- Palmistry
- PK (parakinesis - control of objects by the power of the mind and will)
- Parapsychology (PS) – especially study of demonic activity
- Pendulum diagnosis
- Phrenology (divining/analysis from the skull)
- Planchette (divining)
- Precognition (foreknowledge of the occurrence of events)
- Psychic healing
- Psychic sight
- Psychography (use of heart shaped board)
- Psychometry (telling fortunes by lifting or holding object belonging to the enquirer)
- Punk rock music
- Pyramidology (mystic powers associated with models of pyramids)
- Rebirthing
- Reflexology
- Reiki
- Reincarnation
- Rhabdomancy (casting sticks into the air for interpreting omens)
- Satanism
- Séances
- Self hypnosis
- Significant pagan days
- Silva Mind Control (SMC - Psychorientology)
- Sorcery
- Spells
- Spirit knockings or rappings
- Star signs
- Stichomancy (fortune telling from random reference to books)
- Stigmata - i.e. occultic types.
- Superstitions (self or parents or grandparents)
- Table tipping
- Tarot cards (22 picture cards for fortune telling)
- Tea-leaf reading
- Thought transference
- TK (telekinesis - objects move around room, instruments play, engines start...)
- TM (Transcendental Meditation)
- Trances
- Transmigration
- Travel of the soul
- UFO fixation

- [] Uri Geller
- [] White magic (invoking hidden powers for 'good ends')
- [] Witchcraft
- [] Yoga (involves Eastern demon worship)
- [] Zodiac charms, birthdates
- [] Zodiac signs

Compiled by Bill Subritzky and produced by Dove Ministries
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