

The background of the entire page is a soft, textured purple. In the center, a stem of purple flowers, possibly irises, is visible. The flowers are in various stages of bloom, with some showing detailed petal patterns. The text is overlaid on this background.

*Insights
for
Women*

*by
Pat Subritzky*

Volume Two

Insights for Women

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Book Information:

Insights for Women Volume Two

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Introduction

About the author:

Pat Subritzky has a world-wide interdenominational ministry to women and has travelled with her husband, Bill to almost every continent in the world. She has conducted evangelistic outreach meetings and teaching seminars for women on behalf of the Body of Christ.

In September 1988, Pat Subritzky received a prophecy from the Lord regarding her ministry.

“You shall minister beyond anything you may have visualised for I am calling you to an exceptional ministry to women.”

While in Jerusalem, Derek Prince received a rare vision from the Lord. In the vision, Pat Subritzky was standing on the widow ledge outside his room. He was fearful that she would fall off and get hurt. Mr Prince did not realise how timely it was as Pat was organising a conference for the visit of Anne Graham Lotz (Billy Graham’s Daughter). This vision encouraged Pat to have a proper foundation for the conference.



Foreword:

To the reader

Pat Subritzky's desire to see women encouraged has inspired her to write this her second book on "Insights for Women". She hopes these messages of hope will inspire women to be all that God has called them to be.

The majority of these messages were taken from Pat Subritzky's radio programmes aired in New Zealand and Australia.

In His love,

Candice Osborne

Project editor for Pat Subritzky



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Why Women Need God



Today more than ever women need God. “Tell me why? I’m okay, everything is just great,” you might say.

But the reality is that life does not run smoothly all the time for any one of us. We need God in the circumstances of our daily lives so every day we can know the love, joy and peace that the Lord brings.

From my experience, in times of great trial, I have found that God is always there to meet my needs. He speaks words of encouragement and comfort so I can trust Him in all circumstances.

Before Bill and I became Christians we were having marriage problems and were almost at the point of divorce. When we invited God into our lives we also allowed Him to transform our marriage. We all need God in our marriage and family situations.

Some time ago, when my son John was critically ill and undergoing an operation, the Lord revealed to me that He was going to use my son

in a mighty way. So I faced the situation knowing God was with me and I certainly needed Him. God was true to His word and my son is now a director of Promise Keepers New Zealand.

I know that without God there would have been no hope in my marriage or in my son's illness. Recently I met a woman who was grief stricken and consumed with anger against her husband because he had died at the age of 45 leaving her with six children to bring up.

"Why?" she asked. "How am I going to get on?" She needed to allow God to comfort her in her time of grief then He could show her how to overcome.

It is a sad reality that sometimes women are deserted by their husbands. When this happens they can feel that their security is gone causing them to find little hope for the future. They are usually the losers in these relationships because men can take off at any time and readily find new partners. Women in many cases are heartbroken. If this is you, do not despair for God will answer the needs of the broken-hearted.

Over the years I've seen mind-blowing changes in lifestyle brought about by lack of values and a disregard for biblical standards. Down the road, this can lead people into difficulties because we do not foresee the future or know what it

holds. In the light of this we must be honest with ourselves when answering this question, “How am I doing without God? Am I happy, fulfilled, contented and secure?” If not, the answer is found in Mathew 6:33. It says, “But seek first the Kingdom of God and His righteousness and all these things shall be added unto you.”

It is my conclusion that women do need God. What about you? Will you seek the Lord with this suggested prayer?

“Dear Lord Jesus, I seek You first in my time of need and ask for Your help. Will You come into my life and help me? Will you meet my needs as a woman? Amen.”

Christian Women



Did you know that God is calling you today as never before? I'm confident of this because I believe God gave me a message to share with women. The Lord also gave me the reason why He is calling women. He said He wants us to be more dynamic and more forthright. He is calling Christian women become vital, bold and single minded.

You might say, "It is okay to be called but He's not speaking to me." However, I believe the Lord is calling you. He is calling all women to fulfil their purpose in Him.

If we claim to be a Christian woman, I believe it should be evident in our lives. There is a time when we are as babes steadily growing in our Christian life. Let us be the best we can be with the Lord's help and encouragement.

As we grow in faith, we can assess our walk with the Lord by answering the following questions:

- Do I know Jesus Christ as my Lord and Saviour?
- Do I read my Bible every day?
- Do I attend Church regularly?
- Do I put Jesus first?
- Do I love and help others?
- Do I need refreshing and renewing?

To answer the call of Jesus we must first seek to know Him as our personal Saviour. My experience has shown me that there is a difference between knowing about Him and being certain of His reality in our life. Before I committed my life to Jesus Christ, I only knew about Him. When I became a born again Christian I knew God was real.

You too can have this same experience so why not invite Jesus into your heart and life right now with the following prayer:

“Dear Heavenly Father, please forgive me for the sins I have committed. I invite You into my heart and life. I will do my best to read the Bible and follow Your instructions as You lead and guide me, meeting my needs as a Christian woman. Thank you so much Jesus. Amen.”

Touching Your Life

Does your life need to be touched by the Lord today?

Many people seek the Lord as a last resort saying, "I'll try it to see if it works."

In the days when Jesus was on earth a certain woman believed if she touched the hem of His garment, she would be healed.

We read about this in Mathew 9:20-22, "And suddenly, a woman who had a flow of blood for twelve years came from behind and touched the hem of His garment. For she said to herself, 'If only I may touch His garment, I shall be made well.' But Jesus turned around, and when He saw her He said, 'Be of good cheer, daughter; your faith has made you well.' And the woman was made well from that hour."

Another example is in Mathew 14:35-36, "And when the men of that place recognised Him, they sent out into all that surrounding region, brought to Him all who were sick, and begged Him that they might only touch the hem of His garment. And as many as touched it were made perfectly well."

God uses people today to touch the lives of people in need. Jesus said this would be so in John 14:12, “Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father.”

You can be touched directly by Jesus or by someone He uses. Recently a man, who needed healing, was at a meeting where I was ministering. Although he allowed us to pray for him he believed that Jesus would heal him directly and this would not be through anyone else. Jesus can and does heal us without anyone else being involved.

Jesus points to our participation in Mark 16:18, “They will lay hands on the sick, and they will recover.”

I received direct confirmation of this recently after I had cut my finger and it was bleeding through the bandage.

My four-year-old grandson noticed it and asked, “I pray for you?”

I accepted and he gently placed his hand on my finger and prayed saying, “Jesus name”. Then he confidently said, “You’ll be healed soon.”

Later when I had just a small plaster on my finger he asked, “Hurt no more?”

To which I was able to confirm that my finger was

much better.

When my granddaughter, Melody, was very young she would lay hands on people, particularly her mother, and pray for them.

If we want our lives to be touched by God we need to believe that Jesus Christ is the Healer and can do all this because nothing is impossible with Him.

Luke 18:27, "But He [Jesus] said, 'The things which are impossible with men are possible with God.'"

First we need to make a request to God and we need to have faith that He will heal us, just as the woman who was determined to touch the garment of Jesus had faith and was healed.

We used to sing a couple of choruses which invite God to touch our lives:

***"To get a touch from
the Lord is so real.
If you draw nigh to
Him He will draw
nigh to you.***



To get a touch from the Lord is so real.”

And,

***“Reach out and touch the Lord as He passes by
You’ll find He’s not too busy to hear your heart’s cry.
Reach out and touch the Lord as He passes by.”***

There are many areas in our lives which God is just waiting to touch. The greatest touch we can experience is when we invite Jesus Christ to come into our life as our personal Saviour.

When He is Lord of our life we cannot always see the hand of God but we can experience His touch and His love for us.

Let us believe, without doubt, that as we move towards Jesus He will touch our lives.

Suggested prayer:

“Lord You do not hold back but sometimes I do. Let your presence and anointing fall even now. Come Lord Jesus with Your power to release me. Help me to let go of any past hurts, anger, wrong doing and unconfessed sin. Let me know that You are touching my life. Amen.”

Unbelieving Husbands

“What can I do?” a woman asks. “Both my husband and I were non-Christians when we were first married. Then I turned to Jesus Christ when I needed help. I am born again, renewed with joy and peace in my heart. I long for my husband to know Jesus too. What do you suggest?”

There is an old saying that, “You can lead a horse to water but you cannot make him drink.” In other words, you can coax your husband to a certain point but only knowing Jesus Christ in his heart can bring about change. During this time your witness is important. Begin praying that the Lord will draw your husband by the Holy Spirit. Then allow God to work in his life.

A friend of mine was in this situation and prayed, “Lord reveal Yourself to my husband.” The answer from God was, “I will be revealed in you!” She questioned how her husband would ever see Jesus in her in such a way that he would come to believe.

Over the next eight years her love and compassion for her husband grew so much that when the crunch time came and he was confronted with his

own sin, she had such a heart of compassion for him that he recognised the love of Jesus in her.

Many women are waiting and praying for their husbands to come to know Jesus. Be encouraged. Never give up. God hears your prayers and will answer.

In 1 Peter 3:1-2 (Living Bible Translation) we read,

“Wives, fit in with your husband’s plans: for then if they refuse to listen when you talk to them about the Lord, they will be won by your respectful pure behaviour. Your Godly lives will speak to them better than any words.”

A woman from the Solomon Islands, who was visiting New Zealand, shares her story; “Early in my marriage I became a born again Christian but could not speak about it to my husband. For 20 years my husband could see how much my faith meant to me through my actions, sincerity, love and concern for him. Later he became a Christian and since then our marriage has been one of loving and sharing.”

I believe there comes a time when God says to unbelieving husbands, follow me just as your wife does. Then it is up to them to make the choice and either say, “Yes” or “No” to inviting Jesus into their lives.

In the meantime, I'd like to offer some helpful suggestions:

Fit in with his plans.

Be a companion as well as lover.

Dress to please him.

Try to be a good housewife.

Love him into the Kingdom. Sometimes no words are necessary.

I encourage you to pray without ceasing, believing God is working in your husband's life.

Suggested prayer:

“Dear Lord, I give my husband over to You. I let go and place his salvation in Your hands. I will endeavour to do all that is necessary on my part. I believe You are doing a work in his heart. I ask for Your wisdom, love and understanding. May I love my husband through Your eyes. Thank You Jesus for a complete and perfect work. Amen.”



Never Give Up



God never gives up on us. If anyone gives up, it is usually us.

I have sometimes wanted to give up when ministering to someone over a long period of time, especially when I can't see any progress. But God sees the full plan and encourages me never to give up.

For example when my brother did not stop drinking at once, I said, "Oh Lord that was meant to be a witness to my family."

God responded saying, “It is not your problem. Leave it to Me.” The Lord then reminded me that it is His work and He knows the outcome.

I have met many wives who have waited years for their husbands to become Christians. To their credit, they have never given up believing and eventually they see the results of their prayers.

If a person is seriously ill, I have learned to pray until they are either healed or go to heaven in glory. Once again it is not in our hands to write someone off.

Occasionally my impatience gets me into trouble. However instead of getting impatient we have to ask ourselves, “Do we trust God to work things out in His time or do we give up and do it on our own? Do we say, “God, You’re taking too long, I want an answer NOW”?”

A while ago I needed to replace my horse. After three disastrous experiences of trying to find the horse myself, I decided to trust God. It turned out that God’s choice of horse was wonderful. It was just the right height, colour and nature.

Today we say, “Hang in there, God will find a way.”

In the Bible, Jesus Himself encourages us not to give up. One of these examples is in Luke 18:1-7. “Then He spoke a parable to them, that men always ought to pray and not loose heart saying,

Never Give Up

‘There was in a certain city a judge who did not fear God nor regard man. Now there was a widow in that city; and she came to him, saying, “Get justice for me from my adversary.” And he would not for a while; but afterwards he said within himself, “Though I do not fear God nor regard man, yet because this widow troubles me I will avenge her, lest by her continual coming she weary me.”

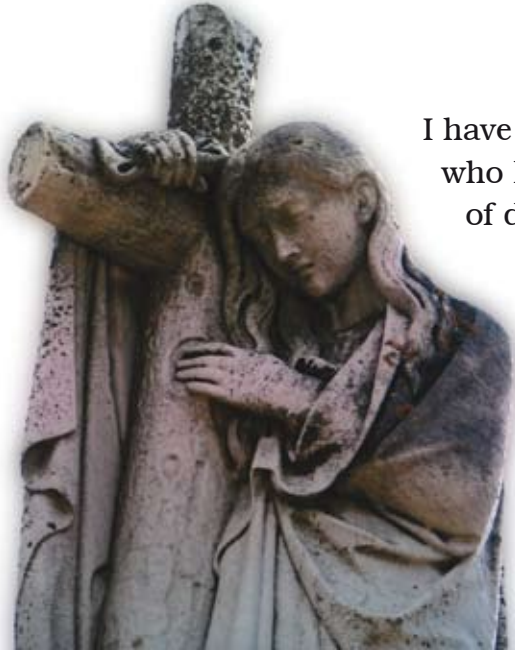
“Then the Lord said, ‘Hear what the unjust judge said. And shall God not avenge His own elect who cry out day and night to Him, though He bears long with them?’”

Winston Churchill used three words in a speech to University students. They were, “NEVER GIVE UP.” Let me encourage you, as you place your trust and faith in Jesus Christ, you will never need to give up because “...we know that all things work together for good to those who love God, to those who are called according to His purpose.” (Romans 8:28)

Suggested prayer:

“Dear Lord Jesus, thank You for never giving up on me. Help me to never give up on You. Let me to trust that You are working all things together for good in my life and in the lives of my loved ones. Amen.”

A Mother's Grief



I have a special friend
who has a story
of deep torment,
anguish and
suffering to
the point
where I have
wondered,
“How does
this woman
cope with her
circumstances
and still have

faith and hope.”

In her own words, Adelaide, tells her story in the hope that others who have suffered similar tragedies may find comfort and hope in the Lord.

“During a time of devastating family disaster, when four of my five children were diagnosed with an unknown illness, I was continually asking myself, ‘Why, why, why were my children asked to bear this heartache? Why did my children have to suffer?’

After the deaths of both my daughters I began to accept the loss I had experienced but I continued to mourn for my children. I cried morning, noon and night until at times I felt I had no more tears to shed.

My tears of sorrow always came with no warning so I could never be on guard. I needed faith more than courage! And hope without measure.

Sometime later I stayed with a friend who had become a born again Christian. She took me to her evening church service. After the service I gave my life to Jesus and turned all my problems over to Him. I know that Jesus helps me through traumatic times and I am not alone," explains Adelaide.

Another mother who suffered grief was my husband Bill's mother. She was never released from grieving for a son who died of cancer of the kidney at the age of five. She told me in detail, years later, of his illness and death. Also she kept little reminders everywhere – cups, clothes and toys.

Jesus will help us overcome grief, which if not dealt with can become a spirit. God speaks to us about this in Isaiah 61:3.

"...To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness."

A quote from the Footprints poem by Mary Stevenson provides comfort during times of suffering. The last verse reads,

***"The LORD replied:
"My son, my precious child,
I love you and I
would never leave
you.
During your times
of trial and
suffering,
when you see only
one set of foot-
prints,
it was then that I
carried you.***

How do we respond when the storm washes over us? Trusting God is not a problem when the going is easy and life is sunny. The test is how we react when we face tough situations.

If you are serious about following Jesus then when the storms come He will carry you through.



Suggested prayer:

“Dear Lord Jesus, thank You that You are with me during times of sorrow and that You understand my despair. Fill me with Your presence as I open my heart and ask that You give me joy for mourning and clothe me in a garment of praise instead of heaviness. Amen.”

A Mother's Love

I went with Bill to the Paremoremo maximum-security prison out of curiosity more than anything else. I was not prepared when Bill asked me to say something to the prisoners. Suddenly panic set in.

Finally I shared with them that a mother does not give up loving their children regardless of what they have done.

I heard later that four of the men who had heard me speak have since been reconciled to their mothers.

The most special mother I know is Mary, the mother of Jesus. How would you react if an angel said to you, "Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bring forth a Son, and shall call His name Jesus." (Luke 1:30-31) Mary must have been amazed by such an awesome happening.

I believe that God had chosen Mary to be the mother of Jesus because of her obedience to Him. Her husband supported her also after he too was visited by an angel of the Lord. (Matthew 1:20)

The next mother I would call special was my own mother. She brought 13 babies into the world. She said with the birth of each one came love. Not one was rejected or unloved.

Two things stand out from my childhood memories; firstly we were all christened in the Anglican Church and went to Sunday School.

Secondly my parents set an example of good moral standards. We were expected to stay married, not opt out. My father's saying was, "If you make your bed, you lie on it."

An example of a mother's love is given by King Solomon in 1 Kings 3:16-28 when two women came to him asking him to decide who was the mother of a baby boy.

'And the king said, "The one says, 'This is my son, who lives, and your son is the dead one'; and the other says, 'No! But your son is the dead one, and my son is the living one.'"

Then the king said, "Bring me a sword." So they brought a sword before the king.

And the king said, "Divide the living child in two, and give half to one, and half to the other."

Then the woman whose son was living spoke to the king, for she yearned with compassion for her son; and she said, "O my lord, give her the living child, and by no means kill him!" But the other said, "Let him be neither mine nor yours, but

divide him.”

So the king answered and said, “Give the first woman the living child, and by no means kill him; she is his mother.”

And all Israel heard of the judgment which the king had rendered; and they feared the king, for they saw that the wisdom of God was in him to administer justice.’

Wouldn't it be good if this verse in Proverbs 31:28, (“Her children rise up and call her blessed”) related to all mothers?

This is a poem one of my daughters sent to me, “You have given me so much more throughout the years than the packages you wrapped so lovingly and placed beneath the tree....

You have given me a faith to live by, a sense of humour to brighten my days and love to warm my heart forever.”



Anyone who does not have a good relationship with her mother or does not know her birth mother, my prayer is,

“Dear Heavenly Father, I pray for those women who do not know their mother’s love. Please comfort them flood them with Your love and wherever possible may there be reconciliation and forgiveness. Thank you Jesus. Amen.”

Family Relationships



I was talking with a young woman about her family, she said, “You don’t know what it’s like in our house! My mother and father fight all the time. As their children we feel that we are just a nuisance.”

Obviously there are problems in her home that need to be dealt with,

starting with Mum and Dad. Firstly they need to know Jesus Christ as their Lord and Saviour because without Him in the centre of their marriage and family it’s almost impossible to find a solution.

Ecclesiastes 4:12 says, “And a threefold cord is not quickly broken.” Before Bill and I were

born again there were serious problems in our marriage and everything pointed towards divorce. In our desperation we turned to Jesus Christ who completely changed everything. Together, with God, we became like ‘the threefold cord that is not quickly broken’. I believe God can bring about this transformation with any couple needing reconciliation.

When we speak and minister to people we should ask them, “How do you get on with your parents?”

The Bible says in Exodus 20:12, “Honour your father and your mother, that your days may be long upon the land which the Lord your God is giving you.”

And in Ephesians 6:1-2 it says, “Children, obey your parents in the Lord, for this is right. “Honour your father and mother,” which is the first commandment with promise.”

Regardless of what your parents are like you must honour them. If they are alive or dead you must forgive them if necessary. If they are alive I encourage you to go to your parents and say, “I forgive you Mum. I forgive you Dad.” Doing this releases you from any hurts, real or imagined.

Ideally a Christian home should be a place where love is shared, respect is shown and consideration is evident for one another’s needs.

It is true, I believe, that the family who prays together stays together. Does your family set aside time to pray together? If not, think of ways to start.

What does your family do on Sunday? Is the Lord your family's priority?

Parents need to be a godly example to their children. This is most effective when your children are young because as parents you can only influence your children to a certain stage then they are on their own. As Proverbs 22:6 says, "Train up a child in the way he should go, And when he is old he will not depart from it."

Children are a blessing from the Lord as is a happy family with Jesus Christ in the centre of all things.

Suggested prayer:

"Dear Lord Jesus, I commit my family to You and ask that You be Lord of our lives. Please restore broken relationships and bring transformation where necessary. Give us the wisdom to teach our children Your ways and bring You into the centre of all things. Amen"

Loneliness

Are you a person who says,
“I live alone but not because I
want to.
“I eat alone and sleep alone.
I talk to myself and yearn
for someone to phone me
or call in to see me. I think
to myself, ‘Does no-one care
about me?’”



These feelings were exactly those that my brother experienced when his wife died suddenly.

Due to my brother's ill health he started to decline physically and began to feel very lonely. He used to be so full of life and interested in everything. But all this changed.

My sister became aware of his plight and encouraged him to live near us both. He liked this idea so bought a house nearby. The transformation that took place, both physically and emotionally, was miraculous.

I'm convinced that loneliness can eat into the very soul of a person and destroy them eventually.

In Psalm 68:6 we read, “God sets the solitary in families.” I believe this Scripture applies today and that God will meet the needs of those who are without a natural family.

Do you know someone who is lonely? I challenge you to be a friend to that person.

We can all say we are busy but Jesus doesn't want us to ignore lonely people for we are His representatives and are called to show compassion and consideration for those around us. Why not send that lonely person a card? Perhaps phone or visit them?

Suggested prayer:

“Dear Lord Jesus, help me to see the needs in my community and reach out to those who are lonely. Help me be Your hands and feet. Let me be a friend to someone who needs to know Your love. Amen”



On the other hand, if you are lonely today, why don't you give Jesus a chance to help you?

Jesus said in John 16:32, "And yet I am not alone because the Father is with Me."

Suggested prayer:

"Dear Lord Jesus, I ask you to help me out of this deep loneliness. I know you are present by your Spirit but I need another human being to bring me your love, peace, joy and hope. Thank you Jesus that you never leave me nor forsake me. Amen"

Women of Action

How do we become women of action? Do we really want to be women of action? If so we first must seek to have a total commitment to Jesus Christ and then be directed by Him.

When I was born again, and received Jesus Christ as my personal Saviour, my commitment was total – to go and do, never saying, “No,” to Jesus. It’s been a continuous time of breaking, melting, moulding and being used to bless others. Oh what a rewarding, fulfilling and joyous life it is to be in harmony with my Maker.

However, your thoughts at this time may be completely on your problems and circumstances. Today you need to decide that your life will be action orientated.

Some say, “But I’m, waiting on God to show me.” Derek Prince wrote, “Act when God speaks – don’t wait to see, because if you wait it will be too late when you decide to obey.” God said to me, “Do not become complacent. Instead use your time wisely.”

We need to use the power of the Holy Spirit to

serve, teach and lead others. Without the power of the Holy Spirit it is impossible to reach our full potential. I sometimes say, “Lord, I’ve gone far enough,” but He gives me more strength to continue.

The Bible mentions many women of action. Ruth chose to go with her mother-in-law, Naomi, instead of going back to her own people. She said, “Entreat me not to leave you, Or to turn back from following after you; For wherever you go, I will go; And wherever you lodge, I will lodge; Your people shall be my people, And your God, my God.” (Ruth 1:16)



Deborah, who was a judge in Israel, agreed to go to battle with Barak because he would not go on his own. Deborah marched with them and when they arrived she told Barak it was time for action. The enemy panicked and God had the victory. (Judges 4:6-13)

Mary, the mother of Jesus, was prepared to accept the challenge from God brought through the angel Gabriel. She said, "Let it be to me according to your word." (Luke 1:38)

The woman with expensive perfume poured it over the head of Jesus. She was berated for doing it but Jesus rebuked the people saying, "Assuredly, I say to you, wherever this gospel is preached in the whole world, what this woman has done will also be told as a memorial to her." (Matthew 26:6-13)

So I challenge you, what can you do to put your faith into action?

Suggested prayer:

"Dear Lord Jesus, I totally commit myself to you. Holy Spirit, I ask You to guide me and help me to put my faith into action so I can be a blessing to those around me. Amen."



Postscript

Through this book Pat Subritzky hopes you have caught her infectious enthusiasm for life and been inspired to pursue God with greater fervour.

We pray that as you have read these stories of the Lord's miraculous work in the lives of women and their families you are encouraged to believe for God to act in your own circumstances.

Be blessed,

Candice Osborne

Project editor for Pat Subritzky

Other resources by Pat Subritzky include:

Books

Chosen Destiny – The Pat Subritzky Story
How to Read Your Bible in One Year
Insights for Women – Volume One (Pink)

Videos & Audio Cassettes

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