

Foundations

For

Spiritual Growth

PART 1

Steps and Stages to Effective Ministry

PART 2

Moving in the Gifts of the Holy Spirit
Teaching and Practice in Groups

PART 3

Deliverance from Demons and Curses
Teaching and Practice in Groups

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ADDITIONAL RESOURCE MATERIAL
FROM PAT SUBRITZKY

Ministering in the Power of the Holy Spirit - a teaching manual from the Subritzky family, also available on video and audio cassette.

Chosen Destiny - The Pat Subritzky Story - Pat's autobiography. Also available on video and audio cassette.

Christian Women Today - A three and a half hour teaching seminar for women available on video and audio cassette.

Exposing the New Age Movement - A four and a half hour teaching seminar for women available on video and audio cassette.

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CONTENTS

Helpful Suggestions for Teachers.....	4
Introduction to Part 1	5
Part 1: Steps and Stages to Effective Ministry	
Part 2: Moving in the Gifts of the Holy Spirit.....	
Part 3: Deliverance from Demons and Curses	

SUGGESTIONS FOR THE PERSON ORGANISING SEMINARS OR CONDUCTING THE TEACHING FROM THIS MANUAL

1. Foundations for Spiritual Growth is designed as a practical teaching course for women over three separate two-hour sessions.
2. All women participating need to have a copy of this manual.
3. When the teacher comes to a Scripture verse, all women should be invited to read the Scripture together out loud.
4. The teacher should invite all to repeat out loud the title of each step in Part 1 as they are reached.
5. At the end of the teaching in Part 1 (Page), invite all women to put down their manual or notes. Then choose six women at random and invite each woman to name one of the steps.

FOUNDATIONS FOR SPIRITUAL GROWTH

INTRODUCTION

ENCOURAGEMENT

The purpose of this teaching is to encourage and equip women for effective ministry.

Colossians 2:2:

"This is what I have asked God for you is that you will be encouraged."

Verse 7:

"and see that you go on GROWING in the Lord."

FOUNDATION

It is essential to have the right foundation if you desire to grow spiritually. There are no shortcuts. If you leave anything out your foundation will be unstable. For example, a house needs to be built with all the piles in place. In our Christian foundation you cannot leave out **salvation, baptism with the Holy Spirit** (especially speaking in tongues) or the **gifts of the Holy Spirit**.

This is the gateway to ministering in the power of the Holy Spirit.

GROWING IN THE SPIRIT

To begin with we need to look at **Romans 12:6-8:**

"Having then GIFTS differing according to the grace that is given to us. LET US USE THEM: if prophesy let us prophecy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness."

To expand further:

- PROPHECY:** is for the body of Christ - reaching out in faith.
- MINISTRY:** whenever and wherever the gifts are required.
- TEACHING:** the Holy Spirit will give revelation of Scripture in the Word of God.
- EXHORTATION:** in evangelism with signs following.
- GIVING:** encourages generosity to the poor and needy.
- LEADING:** with diligence being guided by the Holy Spirit.
- SHOWING MERCY:** with cheerfulness when visiting the sick, prisoners, naked, thirsty or strangers.

RESULTS OF MINISTRY

Luke 13:7-9:

"Then he said to the keeper of his vineyard, "Look, for three years I have come seeking fruit on this fig tree and find none. Cut it down; why does it use up the ground?" But he

answered and said to him, "Sir, let it alone this year also, until I dig around it and fertilise it. And if it bears fruit, well. But if not, after that you can cut it down".

WE - do the preparation ... (Dig the soil, cultivate)

HOLY SPIRIT - empowers ... (Fertiliser promotes growth)

EXPECT RESULTS - after a period of time ... (Bears fruit)

I know a farmer's wife who keeps a beautiful country garden with a variety of flowers and shrubs. I walked around with her, as I usually do. She pointed to a shrub and said "This shrub was meant to have a flower on it last year but it still hasn't flowered for the second year. I'm deciding whether to dig it out, but I'll probably give it another chance". Does God give up on us or give us another chance? I am sure He is always willing to give us a reprieve.

Jesus is speaking to us in this parable.

BARRIERS TO MINISTRY:

Fear of man:	What will people think or say?
Unforgiveness:	Failed to forgive someone - retaining hurt.
Lack of faith:	Do not believe God absolutely.
Lack of prayer:	Do not spend time in prayer daily.
Poor relationships:	Reconciliation needed with family, neighbours or friends.
Involvement in occult:	Have not broken completely with the occult.
Lack of repentance	Not completely repented from all sin.

Before ministering to others it is advisable to take steps to remove any barriers.

A woman said to me "I'm coming to the meeting to be released into my ministry". I wondered who she expected to do this. After seeking the Lord He gave me the following statement:

**"YOUR MEASURE OF RELEASE IS GOVERNED
BY YOUR OPENNESS TO THE HOLY SPIRIT"**

As you grow in the Holy Spirit you become more free and open to the direction of the Holy Spirit. **John 3:30** reads:

"He must increase, but I must decrease".

It is **IMPORTANT** to find your place in the body of Christ and fellowship with other Christians.

Romans 12:4-5:

**"For as we have many members in one body,
but all members do not have the same
function, so we, being many, are one body in
Christ, and individually members of one
another."**

Not all are called to arrange the flowers, play the organ, teach children's church etc. Minister where you are placed by the Holy Spirit.

NOTE: A WORD OF ENCOURAGEMENT:

**GO FORTH EXPECTING RESULTS
FROM YOUR MINISTRY.**

FOUNDATIONS FOR SPIRITUAL GROWTH

Part 1

STEPS AND STAGES

I have called this Steps and Stages because it is the way the Lord has dealt with me. As I have been prepared to take steps I have discovered that I have reached a stage.

A step is something you do - you make a movement forward.

A stage is a place you reach.

It is like climbing a ladder, the first rungs are easy but as you climb higher the distance is further from the ground - a little more challenging. As you look up there is still further to go.

Bill and I were walking along a beautiful golden sandy deserted beach early one morning. One set of footprints was evident. I started to place my feet in the prints, thinking that they must have belonged to a man because they were large with a heavy indent. It was easy to walk in these footprints, no effort was required. They led into a huge pool of water that the tide had left behind. I played around in the water for a while, then remembered the footprints. Ah! I found them but discovered I had to take bigger strides with much more effort to match them. Afterwards the Holy Spirit showed me that this is the

way some Christians walk - they keep up while the going is easy but when they come to a sticky patch, they allow themselves to be overcome. The Lord showed me that He wants us to be overcomers and allow Him to challenge and stretch us in order to go the extra mile.

If I asked you this question, "What are your needs?" what would your answer be? No doubt if you did not think you had any needs you would know someone who did. However the greatest need in anyone's life is to know Jesus Christ as their personal Saviour. When answering phone calls sometimes with regard to desperately ill people I would always inquire about the person's salvation. It is more important for a person to go to heaven, even with a sick body, rather than go to Hell healed. The first step then is to be assured of your salvation.

There are six steps to remember:

STEP I: PERSONAL SAVIOUR

When you have invited Jesus Christ to be your Lord and Saviour you can expect Him to **lead, guide and strengthen** you. This is called the "born-again" experience. Jesus said in **John 3:7** to Nicodemus:

"Do not marvel that I said to you, you must be born again".

Romans. 10:10:

"That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes to righteousness, and with the mouth confession is made to salvation".

Romans 6:3-8 tells us how Jesus was baptised by John signifying death to sin and resurrection to newness of life.

If you have never had any form of water baptism it is an important part of your spiritual walk.

STEP 2: BAPTISM WITH THE HOLY SPIRIT

In today's world we need to be fully equipped - to receive all God has to give, in order to make progress and to know our calling. Seek and receive the Baptism with the Holy Spirit. We read about this experience in Acts as follows:

Acts 1:8:

"But you shall receive POWER when the Holy Spirit has come upon you; and you shall be WITNESSES to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth".

The **purpose** of the baptism with the Holy Spirit is to **receive power and be witnesses**.

Acts 2:4:

"And they were ALL FILLED with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance".

Remember - they were **all filled** with the Holy Spirit.

WITHOUT STEPS (1) and (2) you cannot be as effective as Jesus would want you to be.

WE ARE ALL CALLED INTO THE HARVEST FIELD

STEP 3: KNOW JESUS

The Lord showed me when I was a very new Christian that I should know a topic thoroughly if I was to speak on it with confidence. It is the same situation when we come to speak about Jesus. The aim is to know Him, then to make Him known. How do we do this?

Firstly we must **read our Bibles regularly** every day to learn what the Bible teaches, directs and how it guides and speaks to us.

WE MUST TAKE IN BEFORE WE CAN GIVE OUT

We can learn from the Boy Scout's motto which is: "Be prepared". For example to be equipped and ready. Some people stop here and do not grow. They know Jesus as their personal Saviour, are baptised with the Holy Spirit and speak in tongues, read their Bibles daily, but do not do anything with their knowledge and ability. Is that you?

STEP 4: COMMITMENT

Psalm 37:5:

**"Commit your way to the Lord, trust in Him
and He will bring it to pass".**

It is good to know that as you **commit** your life to the Lord and **trust** in Him absolutely, then He can **bring to pass** His desires. Where there is no sincere commitment to Christ there is no basis to resist the enemy.

At the time I was born again and filled with the Holy Spirit, I offered myself as though on a slab of marble, like an altar, to the Lord to **GO** wherever He wanted me to go, to **DO** whatever He wanted to do and never to say no to Him. While reading the

Living Bible I discovered Scriptures that described my commitment.

Psalm 86:11 (Living Bible):

"Tell me where you want me to GO and I will go there".

James 2:22 (Living Bible):

"You see he was trusting God so much that he was willing to DO whatever God told him to".

MY COMMENT FROM THE LORD IS "It helps to grow when you never say **NO** to Jesus".

Your commitment is not to a church, project or ministry, but to Jesus. If you say **NO** you deny the Lord the opportunity to use you as a vessel - to do whatever He desires through you. The Lord took me at my word and immediately I was challenged. The President of Women's Aglow Fellowship rang and asked me if I spoke at Women's meetings. "No, I don't" I replied truthfully, "but my husband will speak". The next week a letter came stating that Pat would speak for 10 minutes and Bill for the remainder of the time.

Bill and I attended a large conference in America where Bill was to be a speaker. He said to me "I may need to introduce you and you will need to say something". Oh dear! I began to take in fear at a rapid rate. I started to learn eight words, occasionally forgetting one, two or all of them. Peoples' minds have been known to go blank, and I did not want to let Bill down or be a disgrace. I finally managed to accomplish the ordeal as follows:-

"Greetings. It's good to be here. Bless you."

The person sitting next to Bill said "She's my girl" because my greeting was brief. He did not realise that I did not know anything else to say.

It is helpful if we are completely dependent upon Jesus and have to call upon Him.

At the beginning of the year I was asking Jesus what He and I were going to be doing. In reply He gave me a chorus which would not go away all day. It was from **Jeremiah 33: 3**:

"Call to Me, and I will answer you, and show you great and mighty things, which you do not know".

The challenge is ARE YOU READY?? You do not have to be SPECIAL - just touched by Jesus.

STEP 5: HINDRANCES

The hindrances listed are the ones most common to women.

Reluctance I'm happy where I am. I go to church on Sunday. I'm as good as anybody else and I won't be moved.

Fear I can't do that. I'm too shy and not capable. I couldn't possibly do anything like that. I'm too scared.

Home An unsaved husband can prevent full involvement in Christian activities - cannot have a united ministry.

Self Image I haven't got her personality or her figure. I wasn't made like her. God made you the way you are and you are precious in His sight.

Selfishness I've got too many other things to do. Tennis two days, golf one day and see my friends for lunch.

Procrastination

Easy-going. Oh! I'll read my Bible tomorrow or the next day. I'll visit my sick friend next week - she could have passed on before you see her.

REPEAT	Reluctance	Self Image
	Fear	Selfishness
	Home	Procrastination

STEP 6: DO SOMETHING

Repeat steps 1 - 6 from memory.

1. Personal Saviour
2. Baptism with the Holy Spirit
3. Know Jesus
4. Commitment
5. Hindrances
6. Do Something

MINISTRY

1. Step 4 is a commitment to serve. This step will be dealt with first. All stand and sing the following song as a prayer:

(Tune 303 - Songs of the kingdom)

Spirit of the living God, fall afresh on me.
Spirit of the living God fall afresh on me.
Break me, melt me, mould me, fill me.
Spirit of the living God fall afresh on me.

As this song is being sung **all** those who want to make a commitment to **SERVE** Jesus please remain standing, others be seated. You will be lead in a prayer of commitment. Most of the women present will have given their lives to Jesus Christ but this is a special commitment to **service**. The commitment is:

To **GO** and **DO** and never say **NO** to Jesus.

Be reassured that there is no condemnation to those who sit down at this point - God knows their hearts and how they are already serving Him. There may be others who do not feel ready to make this commitment at present.

Be encouraged that you will never look back in your Christian walk if you make this commitment and keep it.

Prayer of Commitment:

All who desire may repeat after the leader:

"Dear Lord Jesus I offer to serve You this day and count it a privilege. I promise with Your help, to go wherever You want me to go, to do whatever You want me to do and I will never say no to You Lord

Jesus. I know that You will never leave me nor forsake me. I will do my best to keep this promise. Thank You Lord Jesus."

Wait on the Lord to bring a message of encouragement in prophecy or song. Those standing may now be seated.

2. Hindrances - Step 5

Women to stand who need prayer for any or all of the following:

- Reluctance
- Poor self image
- Selfishness
- Procrastination

Pray for the above group. Fear will be dealt with later.

3. Unsaved Husbands

Ask the women whose husbands are unsaved to stand. Ask the person who has prayed and believed (the longest time) for her husband to be saved (he is now a Christian) to come forward and pray for those standing.

4. Salvation

Call for the following persons to signal by raising a hand:

Those who do not know Jesus as their personal Saviour, those who have been active Christians, but are now backslidden, having turned aside, and those who do not have a close relationship with God.

All stand and sing a suitable song. Come forward all who raised their hands. Finally, ask those who did not come out to invite another person. Ask this question: "Do you need to go out to the front? If so I will go with you".

Invite all those at the front to **kneel** and **confess** their sins to God. **All stand** when confession is complete. Invite the whole congregation to join in the sinners prayer.

Repeat after leader:

"Dear Lord I come to you as a sinner. I confess all my sins (give time to name them). I now repent from all sin and ask Your forgiveness. I renounce any involvement in the occult. I believe that Jesus came into this world as the Son of God, that He was crucified, buried and rose on the third day. I ask You, Jesus, to come into my heart as my Lord and Saviour. Thank You Jesus for being my personal Saviour and giving me Your salvation."

"Jesus is my Lord and Saviour"

Counsellors to pray with each person, preferably in a separate room.

Fill in a commitment form. Details of name, address and phone number are important for follow-up purposes.

5. **Baptism with the Holy Spirit**

All those desiring to be filled with the Holy Spirit to come forward together with those who do not speak fluently in tongues. These women to be taken to a separate room.

Counsellors to stand in front of each person wishing to receive on a one to one basis.

Leader to pray for the covering and protection of the blood of Jesus Christ on person praying and person receiving. Lay hands on the person receiving. Ask them to repeat:

I confess all sin

I ask God's forgiveness

I renounce any involvement in the occult or freemasonry by myself, parents or ancestors

I renounce all fear, unbelief and blockage of mind

Person praying:

"I ask You Lord Jesus to baptise my sister with Your Holy Spirit, from the top of her head to the soles of her feet."

Encourage the person to speak out - "Abba" - baby syllables. Pray for the anointing of the Holy Spirit.

Pray for all those who need release from fear, together with those who need deliverance. Take to a separate room where they will be prayed for individually. Counsellors to assist.

ALL MINISTRY to be on a one to one basis - sometimes two may minister together when necessary.

FOUNDATIONS FOR SPIRITUAL GROWTH

Part 2

MOVING IN THE GIFTS OF THE HOLY SPIRIT

HOW TO:

1. Lead a person to salvation and pray the Sinners Prayer.
2. Pray for the Baptism with the Holy Spirit.
3. Minister the Gifts of the Holy Spirit.

HOW TO LEAD TO SALVATION

1. Firstly you must **know** Jesus Christ as your personal Saviour.
2. Be ministering in **God's love** and **compassion**.
3. Your **heart attitude** should be right towards God and others.
4. **Love** the person, do not be **judgemental**.

5. The person must be able to **trust you** when confessing sin.
6. Seek the baptism with the Holy Spirit. You can then listen to the **leading** of the **Holy Spirit**. Be prepared to share Scriptures relative to the person's needs. Part or all of your **testimony** could be helpful.
7. Overcome **fear** - "What if?" Trust the Holy Spirit working through you.
8. Endeavour to lead a **pure life** - the person will sense any sin not dealt with.
9. Be a good example to others - the **fruit** of the Spirit should be evident in your life.
10. Have **right relationships** with:
 - (a) God
 - (b) Family
 - (c) Others
11. Any involvement in the **occult** should have been confessed and dealt with.
12. In some instances it is necessary to **pray** and **fast** that souls may be saved.
13. **Salvation** is a Gift of God

Ephesians 2:8-9:

"For by grace you have been saved, through faith, and not of yourselves, it is a GIFT OF GOD not of works, lest anyone should boast".

Speak out what you **believe** in your **heart**, as set out in Scripture.

Romans: 10:9-10:

"That if you CONFESS with your mouth the Lord Jesus and believe in your HEART that God has raised Him from the dead, you will be saved.

For with the HEART one believes to righteousness and with the MOUTH confession is made to salvation.

14. How do we confess? Make a statement of belief in Jesus Christ before others.

Matthew 10:32&33:

"Whosoever confesses Me before men, him I will confess before My Father who is in heaven.

"But whoever denies Me before men, him I will also deny before My Father who is in heaven"

15. An example of what the **sinner's prayer** should contain:

To be repeated after person leading in prayer:

I **confess** all my sins

I **repent** from all my sins

I **renounce** all my sins

I invite Jesus into my heart. I confess that Jesus Christ died for me on the cross, He was buried, on the third day He rose again.

I ask You Jesus to be my personal Saviour

Thank You Jesus for saving me.

PRACTICAL

1. Invite any person who does not know Jesus as their personal Saviour to come out to the front.

Also anyone for re-dedication.

Pray the sinners' prayer - return to seats

2. Break into groups of **two** for practice.
 - (a) Lead each other to salvation.
Ask the following questions:
Do you know Jesus as your personal Saviour?
Do you know Him in a **real** way?
Are you prepared to turn from all sin? - turning from darkness to light.
 - (b) Lead in sinners' prayer. Use example and own words.

HOW TO:

PRAY FOR THE BAPTISM WITH THE HOLY SPIRIT

In Acts 1:8 Jesus said:

"But you shall receive POWER when the Holy Spirit has come upon you and you shall be WITNESSES to Me in Jerusalem, and in all Judea and Samaria and to the end of the earth."

PURPOSE

It provides the power to witness and enables evangelism under the anointing, also the power to heal the sick and cast out demons in the name of Jesus.

RESULT

Begin to minister in the gifts of the Spirit. The fruit of the Spirit is evidenced in your life. Diligence in reading the word of God. The life of Jesus is reflected through you.

EXPERIENCE

This experience is for all born again believers who know Jesus Christ as their personal Saviour. It is a gift from God and cannot be bought.

Attendance at church does not make you a powerful Christian. The Baptism with the Holy Spirit makes the difference.

A challenge to the individual is - do you know the reality of Jesus Christ in your life? If you merely stand still or mark time you are going backwards and SATAN is always ready to assist.

If you choose to move forward with the Holy Spirit, He will keep you moving.

The power is His, the choice is yours.

SCRIPTURAL BASIS

It is advisable to mark these Scriptures in your Bible numerically, numbers 1 through to 7. This enables a quick reference when explaining the biblical facts.

Briefly:

1. Acts 2:4 All filled
2. Acts 4:31 Those filled spoke the word of God with boldness.
3. Acts 8:18 They received when hands were laid on them.
4. Acts 9:17 Paul was filled with the Holy Spirit.
5. Acts 10:44 The Holy Spirit fell..
6. Acts 13:52 Filled with joy and the Holy Spirit.
7. Acts 19:6 The Holy Spirit came on them.

REQUIREMENTS FOR RECEIVING

1. **Believe** that Jesus will do it.
2. **Faith** experience not feeling.
3. **Expect** to receive a Heavenly language.
4. **Confess** any involvement in the Occult.
5. **Seek** the laying on of hands (not always).
6. **Acknowledge** Jesus Christ as the Baptiser.

BLOCKAGES

1. Unconfessed sin.
2. Lack of true repentance.
3. Unforgiveness.
4. Involvement in witchcraft, or occult by yourself, parents or ancestors, in Freemasonry or Druids' Lodge.
5. Wrong attitude to others, eg. failure to honour our parents.
6. Unbelief and doubt.
7. Fear.
8. Blockage of mind.
9. Wrong doctrine, eg. not for today.
10. Secular humanism - dependence on self not God. Man centred **not** God centred.

PRACTICAL SUGGESTIONS

Stand in front of the person receiving, place your hand on the person's head, encourage her to make childlike sounds.

The person must **do** something. God will not force you to speak.

If the tongue is uncontrolled it is Satanic. Stop and begin again.

"They were all filled with the Holy Spirit," not just some, but **all (Acts 2:4)**.

If not filled immediately it could happen, at home, business, driving your car.

Your mind may try to analyse what you are saying. Satan will try to discredit it.

NOTE:

It is important that both the person receiving and the person ministering pray for the covering of the blood of Jesus Christ **before praying**.

Repeat after the leader or person praying for you:

I confess all sin.

I ask God's forgiveness.

I renounce any involvement in the occult or Freemasonry by myself, parents or ancestors.

I acknowledge Jesus Christ as my Lord and Saviour.

Encourage the **person** to speak out.

PRACTICAL

At this point ask for those to come out who need:

1. The Baptism with the Holy Spirit.
2. Fluency in tongues (heavenly language).

An opportunity to be given to anyone who has never before prayed for a person to receive the Baptism with the Holy Spirit. Ask them out to minister. Encourage the person to speak out. Each person to receive the baptism should be ministered to on a one-to-one basis.

PRAYER FOR PERSON RECEIVING (Guide-line only)

"Dear Heavenly Father, in the name of Jesus Christ, I renounce all my sins (name these sins) and especially renounce all my involvement in the occult or witchcraft, on my own part, or on the part of my parents or ancestors. I renounce all fear, doubt, unbelief, and blockage of mind. I ask You Lord to Baptise me with Your Holy Spirit."

PRAYER BY PERSON MINISTERING

"I ask You Lord Jesus to Baptise (my sister) with Your Holy Spirit from the top of her head to the soles of her feet. Thank You Jesus."

Break into groups of two for practice using the above teaching.

HOW TO:

RECEIVE THE GIFTS OF THE HOLY SPIRIT

1. The first requirement is that the person must be **born again, filled** with the **Holy Spirit**, and **speak in tongues**.
2. Gifts of the Holy Spirit are given by God for the **purpose** of **ministry**. The **fruit** of the **Spirit** is the **outworking** or evidence of the Baptism with the Holy Spirit, for example **Galatians 5:22-23**:

"But the fruit of the Spirit is love, joy, peace, long suffering, kindness, goodness, faithfulness, gentleness, self-control."

3. The gifts of the Holy Spirit are for the building up of the body of Christ.
4. They are to be exercised in love. (1 Corinthians 13)
5. There should be no involvement in the occult now. Any past involvement should be repented of and sinners' prayer prayed.
6. Test any leadings with the Bible and the body of Christ.

There are nine gifts of the Holy Spirit mentioned in **1 Corinthians 12:8-10**:

"for to one is given the word of wisdom through the Spirit, to another the word of knowledge through the same Spirit, to another faith by the same Spirit, to another gifts of healings by the

same Spirit, to another the working of miracles, to another prophecy, to another discerning of spirits, to another different kinds of tongues, to another the interpretation of tongues."

These have been grouped as follows for the convenience of practice in groups. The first six are received by an **impression, thought, audible voice or vision.**

1. Prophecy
2. Public tongue
3. Interpretation of tongues

4. Word of wisdom
5. Word of knowledge
6. Discerning of spirits

7. Faith
8. Healings
9. Miracles

Seek the anointing or presence of God when ministering in the gifts of the Holy Spirit.

1. GIFT OF PROPHECY

The gift of prophecy is intended as a sign to the believer. It is received by a **thought, impression, vision** or the **audible voice of God.**

- (1) A believer is able to bring a word from God to the church, for yourself, or for the person being counselled. The message should build up and encourage.
- (2) The words are for edification (building up), exhortation (encouragement) and comfort.

- (3) In **1 Corinthians 14:31** we are told that all should prophesy:

"For you can all prophesy one by one, that all may learn and all may be encouraged."

- (4) It is important to make a start, speaking out a few words from your mind or Scripture - the natural first, then the spiritual.
- (5) As we act in faith God will bring words to our mind.
- (6) It is important to that as many as possible receive this gift as it encourages them tremendously in their personal faith.

2. GIFT OF A PUBLIC TONGUE

- (1) We should wait for the **anointing** or **presence** of God.
- (2) Boldly speak out in our tongue and believe God will bless it.
- (3) As we make a start, believing that the Holy Spirit is directing us, we will know the confirmation that God is speaking through us.
- (4) The Scriptural basis is explained in: 1 Corinthians 14:5, 27, 28, 29 and 39
- (5) Be aware that the Lord may anoint for a **song** in the Spirit. This is a very beautiful gift.
- (6) A message in a public tongue and interpretation is for the **unbeliever**.

1 Corinthians 14:22:

"Therefore tongues are for a sign, not to those who believe but to unbelievers;...."

Not everyone ministers in this gift.

3. INTERPRETATION OF TONGUES

The gift of interpretation of tongues is received by a **thought, impression**, vision or **audible voice** of God.

- (1) An interpretation is NOT a translation of a tongues message - it is similar to prophecy.
- (2) There should be a maximum of three tongues messages in a meeting, with the interpretation.
- (3) Sense the anointing and then make a start in faith and God will give us the ability to interpret.
- (4) A message brought in song may be interpreted by the same person, sung in English.
- (5) Scripture: **1 Corinthians 14:5, 27 and 28.**

4. WORD OF KNOWLEDGE

The word of knowledge is received as an **impression**, a **thought**, or the **audible voice** of the Holy Spirit.

- (1) The word is **ABOUT** a situation. Example: health, relationships, finances, emotions etc.
- (2) The woman at the well **John 4:16-17:**

"Jesus said to her, "Go, call your husband and come here".

The woman answered and said, "I have no husband." Jesus said to her, "You have well said, 'I have no husband', for you have had five husbands, and the one whom you now have is not your husband, in that you spoke truly."

5. WORDS OF WISDOM

The word of wisdom is received as an impression, a thought, or the audible voice of the Holy Spirit.

- (1) The gift of the word of wisdom is **HOW** to deal with a situation.
- (2) **King Solomon - 1 Kings 3:16-28.**

Two women had babies at the same time. One woman lay on her baby. It died. She changed babies with the first woman. They spoke to King Solomon. He said, "**Bring me a sword, you can have half each.**" The real mother said, "No, give him to the other woman, by no means kill him". The other woman wanted him divided. The king knew the real mother and gave the baby to her.

John 8:3-7 The woman caught in adultery.

Jesus said, verse 7 "He who is without sin among you, let him throw a stone at her first." The

accusers left. Jesus said to her, "Go and sin no more."

6. DISCERNING OF SPIRITS

The gift of discerning of spirits is received by a **thought, impression, vision or audible voice of God.**

- (1) It reveals the spiritual forces affecting a person or even ourselves.
- (2) These forces are revealed in order that they can be dealt with, through prayer.
- (3) Important when praying for the sick.

Acts 16:16-18:

Slave girl possessed with a spirit of divination - fortune teller.

Verse 18 "Paul, greatly annoyed by her, turned and said to the spirit, 'I command you in the name of Jesus Christ to come out of her.' And it came out that very hour."

7. GIFT OF FAITH

The gift of faith is described in:

- (1) **Romans 10:17:**

"So then faith comes by hearing, and hearing by the word of God."

(2) As we believe the word of God absolutely, read it and trust it entirely, God is able to implant this gift in our hearts.

(3) **Matthew 17:20:**

"Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you."

Mark 11:22-24:

Verse 22

So Jesus answered and said to them, **"Have faith in God."**

Verse 23

"For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says."

As we believe God in small things, He can then extend our faith for larger things.

8. GIFTS OF HEALINGS

Mark 16:18:

".... they will lay hands on the sick, and they will recover."

Healing may be gradual.

- (1) We must act **in love** when we pray for healing.
- (2) We must centre our thoughts **totally** on Jesus Christ at the right hand of God.
- (3) There should be **no unbelief**.
- (4) A person must be counselled in the area of repentance from sin, unforgiveness, occult involvement, wrong relationships.
- (5) Without repentance the Holy Spirit is quenched and healing will be blocked.
- (6) Self acceptance. If God has accepted us we should accept ourselves.

Ephesians 1:6:

" by which He has made us accepted in the Beloved."

Other Scriptures

1 Peter 2:24:

"....by whose stripes you were healed."

Isaiah 53:5:

"....And by His stripes we are healed."

James 5:14-16:

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.

And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much."

9. MIRACLES

Miracles are 'instantaneous' healings.

John 4:46-54

Healing of the nobleman's son.

Verse 50 Jesus said to him, **"Go your way: your son lives"**. He was healed that same hour.

When we know the anointing of the Holy Spirit and sense the power of God flowing through a person, we believe that an instantaneous healing is taking place.

NOTE: THE ANOINTING OF GOD

To know the anointing when exercising the gifts is an assurance that you are moving in the power of the Holy Spirit.

1 John 2:27:

"But the anointing which you have received from Him abides in you,....."

PRACTISING THE GIFTS

INSTRUCTIONS

Romans 12:6:

"Having then gifts differing according to the grace that is given to us, LET US USE THEM."

Your **measure** of release is governed by your **openness** to the Holy Spirit - allow the Holy Spirit to operate the gifts freely through you.

Form into groups of 4 or 6, preferably with people you don't know.

Appoint a leader who has been moving in prophecy and word of knowledge.

The leader should **not** dominate the group, but **be a servant** to encourage others to take part.

1. **PROPHECY** - An impression, thought, audible voice of God or vision.

(1) Begin to speak out, think of a Scripture, each person in turn to speak it out. Eyes closed.

(2) Next add further, "God loves you. God cares for you etc, as God would speak to the group."

(3) Use first person, "I". "I love you My children. "I desire to bless you."

The leader **MUST NOT** give a long prophecy, but encourage others.

Continue until time expires. All should have made a start.

2. **PUBLIC TONGUE AND INTERPRETATION**

Not all exercise this gift.

Wait for the anointing.

When the opportunity arises, speak out. Needs to be in order.

Message is for the unbeliever.

Interpretation may be brought by the person who has given the message or by someone else.

The interpretation is similar to prophecy - **not** translation.

3. **WORD OF KNOWLEDGE AND WISDOM**

This gift is about a situation.

Each person in the group should be encouraged to speak out. All heads bowed and **eyes closed**.

As each word is given, the leader should ask if the situation is relevant to someone in the group. Example, "Someone has been stealing." "Unfaithful?" etc. Acknowledge, raise hand.

DO NOT pray for anyone at this point. Pray for them when praying for discernment and healing in your groups.

4. **WORD OF WISDOM**

Leader must **use wisdom** and be careful of what to disclose.

If time permits, prayer could be offered.

It is **wiser** to continue practising in word of knowledge and the word of wisdom.

Know the anointing. Leader to lay hands on the person's head and expect the person to bring a word.

4. **DISCERNING OF SPIRITS**

Leader asks the Lord to reveal spiritual forces oppressing any person.

Suggest that a volunteer be asked to stand in the centre of the group. This person **has** a spiritual problem which the group should be asked to discern.

If deep deliverance **not** required, endeavour to cast out the spirit. Example: spirit of grief, spirit of depression etc, sickness or other problems.

Continue then around the group.

If help needed, call for person in authority.

5. **FAITH, HEALING AND MIRACLES**

Leader to pray that faith will be evident in the hearts of group members. **TOTAL** belief required.

Leader to ask for someone who has been believing for healing.

All pray for her - lay hands on the person - anoint with oil if prompted.

Ask for person receiving to be free from sin, occult, unforgiveness. May need deliverance before they can be healed. Continue with another person.

PRAYER FOR RECEIVING THE GIFTS OF THE HOLY SPIRIT

LAYING ON OF HANDS

2 Timothy 1:6:

"Therefore, I remind you to stir up the gift of God which is in you through the laying on of hands."

SOVEREIGN ACT OF THE HOLY SPIRIT

Which gifts are you believing for: Nine gifts are:

- (1) Prophecy
- (2) Tongues and
- (3) Interpretation
- (4) Word of knowledge and
- (5) Word of wisdom
- (6) Discernment of spirits
- (7) Faith
- (8) Healings
- (9) Miracles

Ask the Holy Spirit to **reveal** gifts in addition to those requested.

PERSON RECEIVING: Act in faith, prepared to exercise gifts.

PRAYER - Example

"I pray, Lord, that You impart such gifts of Your Spirit as You would to the end that my sister be established."

Word of encouragement - speak out anything that the Holy Spirit might be saying through you to encourage the other person - add gifts or any other word.

BREAK INTO TWOS

Pray for each other that they may receive gifts as the Holy Spirit reveals.

FOUNDATIONS FOR SPIRITUAL GROWTH

Part 3

DELIVERANCE

INTRODUCTION

For many years women have believed that the ministry of deliverance is for men only. This, I think, is the reason why today we have so few women available and accomplished in this area.

When women come together in a group (or on a one-to-one basis) and the need arises for deliverance, they should know they can be set free then and there or, if more help is needed, they can always receive further deliverance.

It seems a pity women should go out of a meeting taking their demons with them.

Today more than ever women are seeking release from the dreadful spirit of guilt and condemnation that has entered from incest or sexual abuse. There is a need for sensitivity when counselling.

SATAN will enter and make a platform whenever and wherever he finds the opportunity. This teaching is to bring awareness of this and many other aspects. The person must repent from sin, follow Christ, then be delivered.

Let us seek knowledge - get it and use it against the enemy.

One of the Gifts of the Holy Spirit is **discerning of spirits (1 Corinthians 12:10)**. This enables the person ministering to know the spirit or spirits troubling a person. Very often the root of a person's illness is demonic. When the demon is cast out the person recovers.

It is important to know that our bodies are intended to be the temple of the Holy Spirit.

1 Corinthians 6:19:

"What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?"

Accordingly we should avoid **sins** that affect the body (sexual immorality).

1 Corinthians 6:18:

"Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body."

Satan seeks to invade the body of the believer and the unbeliever.

Ephesians 6:12:

"For we do not wrestle against flesh and blood, but against principalities, against powers,

**against the rulers of the darkness of this age,
against spiritual hosts of wickedness in the
heavenly places".**

Satan often attacks the believer, particularly after people come to Jesus Christ and fail to open every area of their being to God. We can liken our heart to a house with a number of rooms. In **Proverbs 20:30**, the heart is referred to as "the rooms of the belly". The question is, have we invited Jesus Christ into every room of our heart.

Satan's kingdom is controlled by fear, God's kingdom is controlled by God's love.

1. CASTING OUT DEMONS

Jesus always commissioned His disciples to both preach the Gospel and cast out demons.

Mark 16:17:

**"And these signs will follow those who
believe; In My name they will cast out
demons."**

2. HOW DEMONS ACT

(a) **They ENTICE**

James 1:14:

"But each one is tempted when he is drawn away by his own desires and enticed".

Jesus said in **Matthew 5:28**:

"Whoever looks at a woman to lust for her has already committed adultery with her in his heart".

What is happening is that as a man looks at a woman with lust or vice versa, that person is sinning and that opens the door to lust. As lust grows it can become demonic. That is why we must be careful what we look upon with our eyes and what we hear with our ears.

(b) **They DECEIVE**

1 Timothy 4:1&2:

"Now the Spirit expressly says that in latter times some will depart from the faith, giving heed to deceiving spirits and doctrines of demons, speaking lies in hypocrisy, having their own conscience seared with a hot iron".

Today we have many Eastern religions which are doctrines of demons. Even some religions such as Mormonism deny that Jesus Christ is the only begotten Son of God, saying that He is a created being, the brother of Satan.

(c) **They ENSLAVE**

Romans 8:15:

"For you did not receive the spirit of bondage again to fear, but you received the spirit of adoption as sons by whom we cry out, 'Abba, Father'".

When we are born again, we become sons and daughters of God by adoption through Jesus Christ. We do not receive the spirit of bondage again to fear. We come out of captivity from Satan.

(d) **They TORTURE**

2 Timothy 1:7:

"For God has not given us a spirit of fear, but of power and of love and of a sound mind".

(e) **They DRIVE AND COMPEL**

Luke 8:29:

"For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.

Thus we see that a man was **driven** and **compelled** by the demonic power. This is one of the major manifestations of demonic activity within people.

(f) **They DEFILE**

Titus 1:15:

"To the pure all things are pure, but to those who are defiled and unbelieving nothing is pure; but even their mind and conscience are defiled".

There are four downward steps, namely pride, rebellion, deception, perversion both of the flesh and of the spirit.

(g) **Demons FIGHT AGAINST OUR PEACE**

Against our PERSONAL HARMONY

Against our PEACE OF MIND

Against our PHYSICAL WELL BEING

They cause DISRUPTION with other people, especially those close to us and fellow Christians.

(h) **The great distinctive mark is RESTLESSNESS**

Repeat. They:

(a) **ENTICE**

(b) **DECEIVE**

(c) **ENSLAVE**

- (d) **TORMENT**
- (e) **DRIVE AND COMPEL**
- (f) **DEFILE**
- (g) **FIGHT AGAINST OUR PEACE**
- (h) **RESTLESSNESS**

3. **DEMONS AFFECT US IN THESE AREAS**

- (a) **Emotions**
Attitudes
Relationships
They cause resentment, hatred, fear and rebellion.
- (b) **Thoughts of the mind**
Doubt
Unbelief
Indecision
Procrastination
- (c) **Tongue**
Lying
Cursing
Gossip
- (d) **Sexual**
Perversion
Homosexuality
Masturbation
- (e) **Addiction**
Alcohol
Nicotine

Gluttony
Anorexia

(f) **Physical Infirmaries**

Tumours
Heart Attacks
Arthritis

(g) **Psychological**

(Recurrent evil and disruptive emotional attitudes
which dominate us against our will)

Resentment
Hatred
Fear
Envy
Jealousy
Pride

(h) **Moods**

Unreasonable and extreme
Talkative
Taciturn
Depression

(i) **Physical**

Unnatural restlessness

Repeat:

- (a) **Emotions**
- (b) **Thoughts of the mind**
- (c) **Tongue**
- (d) **Sexual**
- (e) **Addiction**
- (f) **Physical Infirmities**
- (g) **Psychological**
- (h) **Moods**
- (i) **Physical**

4. **HOW DEMONS ENTER**

Through sin in ourselves or ancestors (familiar spirits).

Through our mind - thought life - fantasy.

Touching dead bodies.

Shock and grief.

Accidents.

Marriage breakdowns.

Habits - masturbation, smoking.

Transference.

Witchcraft (through feet from womb)

Curses

5. **TO BE DELIVERED WE MUST:**

Humble ourselves.

Be completely honest.

Confess our sins.

Repent.

Forgive.

Call on the name of the Lord.

6. **WHY PEOPLE ARE NOT DELIVERED**

- (a) **They fail to repent of all their sins**, especially adultery and abortion.

James 5:6:

"You have condemned, you have murdered the just; he does not resist you".

(b) They fail to forgive

Mark 11:25&26:

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses".

(c) They fail to break with the occult

Acts 19:13-19:

"Then some of the itinerant Jewish exorcists took it upon themselves to call the name of the Lord Jesus over those who had evil spirits, saying, "we adjure you by the Jesus whom Paul preaches". Also there were seven sons of Sceva, a Jewish chief priest, who did so. And the evil spirit answered and said, "Jesus I know, and Paul I know; but who are you?" Then the man in whom the evil spirit was leaped on them, over powered them, and prevailed against them, so that they fled out of the house naked and wounded. This became known both to all Jews and Greeks dwelling in Ephesus; and fear fell on them all, and the name of the Lord Jesus was magnified. And many who had believed came confessing and

telling their deeds. Also, many of those who had practised magic brought their books together and burned them in the sight of all. And they counted up the value of them and it totalled fifty thousand pieces of silver".

- (d) **They fail to seek further ministry**
- (1) Fellowship with Christians.
 - (2) Have the right relationship with people.
 - (3) Make Jesus the centre of every part of our lives.

After people have been prayed for to be delivered, they may need further ministry and counsel in order to retain and complete their deliverance and **grow** in faith. It is vital that they be encouraged to read the word of God, to pray regularly and to lead lives pleasing to God. We need to daily yield our lives to God, laying down our lives for Jesus Christ, seeking His face, reading the Word of God and being filled with the Holy Spirit.

7. **METHODS OF DELIVERANCE**

- (a) We can use our prayer language, ie gift of tongues.
- (b) We can use the Word of God. We should be prepared to quote such Scriptures as **John 3:16:**

"For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life."

and other Scriptures to encourage the believer and take our stand against the demonic power.

- (c) Anoint with oil.
- (d) Praise God. When we praise God from our hearts, a tremendous anointing always falls upon us.
- (e) Use authority of the word of God to command the Spirit.
- (f) Know the anointing of the Holy Spirit.
- (g) Listen to what the Holy Spirit is telling us as to how we should pray.
- (h) We should minister God's acceptance to a person.

Ephesians 1:6:

"to the praise of the glory of His grace, by which He has made us accepted in the Beloved."

- (i) Sometimes fasting is required.
- (j) It is good to breathe in the Holy Spirit and breathe out the spirit of affliction.
- (k) There must be a renouncing of sin and unbelief.
- (l) We can call on the Name of Jesus.

Acts 2:21:

"...whoever calls on the name of the Lord shall be saved (delivered)".

- (m) We can agree, and bind and loose the spirits.

Matthew 18:18 & 19:-

"Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in Heaven".

- (n) We should invoke the protection of the power of the blood Jesus Christ. Use the blood Scriptures set out on separate sheet.

- (o) The person must assert their will.
Be always aware of the necessity to ensure that the principal demon has left. The person being delivered will know whether they are fully set free. If the demons seek to return to the person after deliverance, remind the person of **James 4:7:-**

"Therefore submit to God. Resist the devil and he will flee from you".

8. MANIFESTATIONS

Hissing
Spitting
Wriggling
Sighing
Coughing
Shouting
Lying down as though dead (spirit of coma, hypnosis)
Mucus

Animal noises

Yawning

Burping

Sometimes there are no manifestations.

9. TO KEEP OUR DELIVERANCE WE MUST:

- (a) Totally yield to Jesus Christ in every area of our life, making Him Lord of every area.
- (b) Be always filled with the Holy Spirit.
- (c) Believe and live by the Word of God.
- (d) Put on the full armour of God.

Ephesians 6:13-18:-

"Therefore take up the whole armour of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your waist with truth, having put on the breast-plate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints..."

CURSES

People can be and are at times affected by curses. These curses, when recognised, are able to be broken and the person set free.

Proverbs 26:2:

**"Like a flitting sparrow, like a flying swallow,
So a curse without cause shall not alight."**

EFFECTS OF CURSES

1. Mental and emotional breakdown.
2. Repeated sickness, especially hereditary - doctors cannot find the cause.
3. Barrenness, miscarriage, menstruation problems.
4. Marriage breakdown - family rifts.
5. Poverty - lingering - could be a curse if lengthy.
6. Accident prone.
7. History of unnatural deaths.

REASONS FOR CURSES

1. Trusting in man and not in God - Exodus 20:3-4
Deuteronomy 27:15
2. Thieving - Zechariah 5:1-4

3. Withholding what is due to God - Malachi 3:9
4. Dishonouring parents - Deuteronomy 27:16
5. Ill-treating a neighbour - Deuteronomy 27:17
6. Wrong treatment of weak - Deuteronomy 27:18-19
7. Sexual relationships outside marriage - incest - Deuteronomy 27:20-23
8. Teaching wrong Gospel - Galatians 1:8-9
9. **Self-imposed curses** which become like inner vows.

Examples:

"I'll never be any good"
 "I'll never forgive myself"
 "God doesn't love me"
 "I'll never speak to again"
 "I hate myself"
 "No-one loves me"
 "I want to die, I'm better off dead"

Examples from Scripture:

- (a) **Genesis 27:13** Rebekah said:
"Let your curse be on me."
 and in **verse 46** she said:
**"I am weary of my life because of the daughters of Heth;
 what good will my life be to me?"**
 She brought a curse on herself.
- (b) **Matthew 27:24-25** The Jews said:
Let His blood be on us and our descendants."
- (c) Peter denied the Lord three times.

TO BE RELEASED

1. We must recognise that there is a curse.
2. We must repent from all sin.
3. We must renounce in the name of Jesus Christ.
4. We must resist the devil and he will flee - James 4:7.

THE PERSON SHOULD

1. Have faith in Jesus Christ.
2. Obey God's voice.
3. Confess sin on their part or ancestors.
4. Forgive others.
5. Renounce occult - oneself or ancestors.
6. Renounce all contact with occultic objects.

Be released in the name of Jesus.

HOW TO BE RELEASED FROM THE CURSE

1. We must recognise that there is a curse.
2. We must repent from all sin.
3. We must renounce in the name of Jesus Christ.

4. We must resist, eg **James 4:7:**

"Therefore submit to God. Resist the devil and he will flee from you."

5. Use the Word of God. The Word of God is powerful and such Scriptures as the following can be used:

Psalm 118:17:

"I shall not die, but live, And declare the works of the LORD."

We must realise that where there is a negative there should also be a positive. We recall that Peter denied the Lord three times but three times Jesus asked him, "Do you love me?" Peter had to revoke his earlier statement three times.

Where curses have arisen from the servants of Satan, we must recognise **Luke 10:19:**

"Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you."

PRAYER AGAINST PRONOUNCEMENTS AND CURSES

"Lord Jesus Christ, I confess You are the Son of God and that You died on the Cross for my sins and rose again. On the Cross You took every curse and became a curse for me. I honour my mother and father and forgive them and renounce their sins. I confess my own sins and the sins of my ancestors and I ask Your forgiveness. I forgive others. I forgive them as You forgave me. I forgive myself. Please forgive me, Father, for blaming You for what others may have done to me. I specifically renounce all curses that have been placed upon my life through the words of those who have abused and damaged me. I forgive them and ask You, Lord, to release me from their consequences. I now release myself and those under me from any curse. I declare myself released, I claim it and I thank You Lord.

Through the sacrifice of Jesus Christ on the Cross, I have been redeemed from the curse of the law and I have entered into the blessing of Abraham whom God blessed in all things. Thank You Father God."

PRAYER AGAINST INNER VOWS

"In the name of Jesus Christ, I specifically renounce all vows which I have made, knowing or unknowingly, against myself. I specifically renounce (name those vows which you have made and which you know to be wrong). I ask you to totally cleanse me and set me free from the results of those vows and I thank you for doing it."

SOUL TIES

These are soul ties which are contrary to God's purposes.

Examples:

Adultery

Fornication (especially past sexual relationships).

Ungodly soul ties can bring spiritual sickness.

1 Corinthians 6:18:

"Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body."

1. Examples of wrongful sex are as follows:

Pre-marital sex

Trial marriages

Lesbianism

Bestiality

Sexual abuse

Perverted sex

Homosexuality

Pornography and fantasy

Transvestism

2. Consequences:

(a) Establishment of soul ties and bondings in the flesh.

(b) Guilt and condemnation.

(c) Demonisation

(d) Emotional disturbance

3. What is sexual abuse?

Uninvited caressing

Uninvited handling of the sexual areas

Anal handling

Masturbation in front of a person

Forced oral sex

Forced mutual masturbation

Forced intercourse and rape

Bestiality

Ritualistic sex

Incest

All of these cause fear, confusion, deception

4. **Long term problems:**

(a) Confusion of one's identity, sexuality, physical position and emotional situation.

(b) Causes regression and repression of memories and fantasy.

(c) Breaking of trust.

(d) Causes rebellion including

(i) self rejection

(ii) fear of rejection

(iii) anger

(e) Causes guilt and fear.

(f) Causes inability to respond to love.

(g) Causes desire to die.

(h) Causes physical illness.

(i) Causes damage to the spirit

Also domination by one person over another, eg where a father dominates or sexually abuses his daughter.

PRAYER FOR DELIVERANCE FROM SOUL TIES

"Dear Heavenly Father, as I come to You in the name of Jesus Christ in the authority that is in that name, I break every soul tie affecting my body, soul or spirit, which has existed between myself and (name the individual). In the name of Jesus Christ, I specifically speak to every demonic power that has taken advantage of than link and I tell it that it has no rights here and it must leave now without going into any other member of my family. Thank you Lord Jesus that through Your shed blood and through Your wonderful name, I am able to be absolutely free. Thank You Lord.":

PRAYER IN REGARD TO THE OCCULT

"Lord Jesus Christ, confess you are the only Son of God, that You died on the Cross for my sins and rose again. In Your name I now renounce all contact with the occult and in particular I renounce the following involvements in the occult I receive Your forgiveness. Thank You Heavenly Father for delivering me in the name of Your Son, Jesus Christ."

FINAL PRAYER

"Dear Heavenly Father, I come to You in the name of Jesus Christ. I thank You Lord for Your love to me. I confess that Jesus Christ is my Lord and my Saviour and that He died and rose again from the dead.

I believe that through the blood of Jesus Christ I have been redeemed from the hand of the devil. I believe that through the blood of Jesus Christ all my sins have been forgiven. I believe that through the blood of Jesus Christ I have been sanctified, made holy to God. I believe that through the blood of Jesus I have been justified just as if I had never sinned.

I now confess all my sins. I confess that in my own strength I have been unable to defeat the attacks of the enemy. I specifically renounce the following sexual sin I confess I have been wrong. I renounce all pleasure connected with these sins. I now turn from my sin. I ask you, Father, to forgive me all that is past and give me discernment when the temptation arises and the strength to resist it. I ask You to heal my memories and to heal the hurts and forgive me in Jesus name.

I also specifically renounce any other sins such as rejection, unforgiveness. I especially forgive the following persons I specifically honour my parents and I forgive them. I renounce my own sins and the sins of my ancestors in the name of Jesus Christ. I especially renounce all idolatry, witchcraft and everything o the occult and all the hidden things of darkness.

PRACTICAL

1. Form into groups, five people each group.
One leader for each group to be appointed.
The group leader must be a person who has had experience in the deliverance ministry.
2. Pray for the anointing of the Holy Spirit and covering of the shed blood of Jesus Christ over each person in the group.
3. Anyone who feels they are driven, compelled and tormented by a spirit and desire deliverance should be encouraged to:

Confess their sins
Repent from them
Forgive others
Call on name of Jesus for help

When they have done this, then one or two in the group can commence to pray with the person and encourage them to expel any force that they feel within them. This can be expelled out of the mouth by breathing strongly or coughing. Those praying should lay hands on the person. Any one or more of the methods of deliverance suggested above could be used. Be led by the Holy Spirit at all times.

It is **important** that the person:

- (a) Confesses and renounces any such spirit in the name of Jesus.
- (b) Forgives others.
- (c) Calls on the name of the Lord

4. **FINALLY**

Always encourage the person to move on in faith, believing for the power of God to manifest and change their life. Encourage them to continue in good fellowship, returning if necessary to you for further counselling. Show a continued interest in the person even if they telephone you at inconvenient times. Always be prepared to listen to them.